

FINAL ANSWER KEY

Question Paper Code:	69/2016/OL
Category Code:	051/2016
Exam:	Staff Nurse Grade II Ayurvedha
Medium of Question:	English
Date of Test	05-09-2016
Alphacode	A

Question1:-Editor of Daily Madras standard

- A:-G.P. Pillai
 - B:-Annie Besant
 - C:-B.P. Wadia
 - D:-G. Subrahmania Ayyer
- Correct Answer:- Option-A

Question2:-Keralopakari was published

- A:-1874
 - B:-1910
 - C:-1847
 - D:-1879
- Correct Answer:- Option-C

Question3:-The article Smaranamadhuri was written by

- A:-P. Kunhiraman Nayar
 - B:-Kumaransan
 - C:-Ulloor
 - D:-O. Chandu Menon
- Correct Answer:- Option-C

Question4:-The Problem of the Rupee : Origin and Solution is a work of

- A:-Bimal Jalan
 - B:-Raghuram G. Rajan
 - C:-Dada Bhai Naoroji
 - D:-B.R. Ambedkar
- Correct Answer:- Option-D

Question5:-The Objective Resolution was moved by Nehru on

- A:-9th December 1946
 - B:-13th December 1946
 - C:-29th December 1947
 - D:-22nd July 1947
- Correct Answer:- Option-B

Question6:-Who wrote the poem Keralam?

- A:-Swami Ananda Theertham
 - B:-Kodungallur Kunjukkuttan Thampuran
 - C:-K. Kelappan
 - D:-A.K. Gopalan
- Correct Answer:- Option-B

Question7:-Mariyamma Nadakam

- A:-S.K. Pottakkad
 - B:-M.C. Joseph
 - C:-Kandathil Varghese Mappila
 - D:-Kocheppan Tharakan
- Correct Answer:- Option-D

Question8:-Name the leader of Samyuktha Rashtreeya Sabha Agitation

- A:-K. Kelappan
 - B:-N.V. Joseph
 - C:-Vakkam Abdul Khadar Moulavi
 - D:-T.K. Madhavan
- Correct Answer:- Option-B

Question9:-The first women member in the Kochin Legislative assembly

- A:-Thotaykat Madhavi Amma

B:-Akkamma Cheriyan
C:-Mary Punnaloukose
D:-Ammu Swaminath
Correct Answer:- Option-A

Question10:-Which article of Indian constitution provisions the joint session of the Parliament?

A:-Article 226
B:-Article 284
C:-Article 368
D:-Article 108

Correct Answer:- Option-D

Question11:-Lakkadavala Committee is related to

A:-Durand Line
B:-Poverty Line
C:-Share Market
D:-Globalisation

Correct Answer:- Option-B

Question12:-In which year Tamilnadu introduced the Right to Information Act?

A:-2005
B:-2002
C:-2000
D:-1996

Correct Answer:- Option-D

Question13:-The National Rural Employment Guarantee Scheme introduced in Kerala.

A:-Palakkad
B:-Malappuram
C:-Kannur
D:-Wyanad

Correct Answer:- Option-D

Question14:-The author of the book Speaker Rules

A:-P.D.T. Achari
B:-Somanatha Chatterji
C:-Vakkom Purushothaman
D:-A.C. Jose

Correct Answer:- Option-A

Question15:-Father of Indian Library Science

A:-S.R. Ranganathan
B:-Rabindranath Tagore
C:-Acharya Rama Moorthy
D:-C.V. Raman

Correct Answer:- Option-A

Question16:-Article 371(i) a special provision is given to the state of

A:-Arunachal Pradesh
B:-Sikkim
C:-Goa
D:-Mizoram

Correct Answer:- Option-C

Question17:-Sandishtavati was published in

A:-1864
B:-1860
C:-1867
D:-1848

Correct Answer:- Option-C

Question18:-Kalyanadayini Sabha

A:-Sahodaran Ayyappan
B:-Pandit Karuppan
C:-K.P. Vallon
D:-Kumara Guru Devan

Correct Answer:- Option-B

Question19:-In which year Lokamanyan was published?

A:-1920

B:-1921

C:-1915

D:-1928

Correct Answer:- Option-A

Question20:-Which district of Kerala started the Mobile Court?

A:-Calicut

B:-Thiruvananthapuram

C:-Ernakulam

D:-Kannur

Correct Answer:- Option-B

Question21:-International nurses day is observed on

A:-January 11

B:-March 8

C:-July 1

D:-May 12

Correct Answer:- Option-D

Question22:-Which among the following is not regarded as a vital sign?

A:-Temperature

B:-Pulse

C:-Respiration

D:-None of the above

Correct Answer:- Option-D

Question23:-Which among the following is an instrument used for measuring specific gravity of urine?

A:-Urometer

B:-Urinometer

C:-Spirometer

D:-None of the above

Correct Answer:- Option-B

Question24:-Name the test for detection of urine sugar

A:-Benedict's test

B:-Hay's test

C:-Rothera's test

D:-Benzidine test

Correct Answer:- Option-A

Question25:-Nasal feeding may be indicated in

A:-Unconscious patients

B:-Mental patients

C:-Premature babies

D:-All of the above

Correct Answer:- Option-D

Question26:-Stiffening of the body after death is called

A:-Livor mortis

B:-Algor mortis

C:-Rigor mortis

D:-None of the above

Correct Answer:- Option-C

Question27:-The smallest bone in the body is

A:-Stapes

B:-Patella

C:-Sesamoid

D:-Hyoid

Correct Answer:- Option-A

Question28:-Average time duration for placing the clinical thermometer for recording body temperature orally

A:-<1 mt

B:-2-4 mts

C:-<5 mts

D:-2-3 mts

Correct Answer:- Option-D

Question29:-Which among the following is the last sense to leave the dying body?

- A:-Vision
- B:-Audition
- C:-Gestation
- D:-Olfaction

Correct Answer:- Option-B

Question30:-Normal ESR value by Westergren's method in males

- A:-3-7 mm in 1 hr
- B:-0-5 mm in 1 hr
- C:-5-10 mm in 1 hr
- D:-None of the above

Correct Answer:- Option-A

Question31:-Most common complication in the usage of IUCD is

- A:-Menorrhagia
- B:-Ectopic pregnancy
- C:-Vaginal infections
- D:-Uterine perforation

Correct Answer:- Option-A

Question32:-Which among the following does not belong to Ashtanga yoga?

- A:-Asana
- B:-Samadhi
- C:-Pratyahara
- D:-None of the above

Correct Answer:- Option-D

Question33:-Which among the following is known as the "King of Asanas"?

- A:-Suryanamaskara
- B:-Shirshasana
- C:-Vajrasana
- D:-Sarvangasana

Correct Answer:- Option-B

Question34:-The proportion of dravya and drava in the mantha as per Sarngadhara

- A:-1 : 4
- B:-1 : 6
- C:-1 : 10
- D:-1 : 16

Correct Answer:- Option-A

Question35:-Generally the Kriyakarma, 'Tala' is done for a time period of

- A:-30 mts
- B:-45 mts
- C:-1-2 hrs
- D:-2-3 hrs

Correct Answer:- Option-C

Question36:-All among the following food substances are advised to be taken as daily routine except

- A:-Saindava
- B:-Sarpi
- C:-Matsya
- D:-Madhu

Correct Answer:- Option-C

Question37:-The disease declared as eradicated by WHO is

- A:-small pox
- B:-whooping cough
- C:-diphtheria
- D:-none of the above

Correct Answer:- Option-A

Question38:-Which among the following vaccination is given to the new born baby at the time of birth?

- A:-BCG
- B:-DPT
- C:-OPV
- D:-Both (1) and (3)

Correct Answer:- Option-D

Question39:-Which among the following is the laboratory test done for the detection of AIDS?

- A:-ELISA test
- B:-Western blot
- C:-Mantoux test
- D:-Both (1) and (2)

Correct Answer:- Option-D

Question40:-Chicken pox is caused by

- A:-Varicella virus
- B:-Variola virus
- C:-Myxo virus
- D:-None of the above

Correct Answer:- Option-A

Question41:-Which among the following disease is caused by a virus?

- A:-Dysentery
- B:-Typhoid
- C:-Polio
- D:-None of the above

Correct Answer:- Option-C

Question42:-Which among the following is the first National Health Programme launched?

- A:-National Anti malaria programme
- B:-National Leprosy Eradication Programme
- C:-National filarial control programme
- D:-None of the above

Correct Answer:- Option-A

Question43:-Sabin vaccine is given in the immunization of

- A:-Polio
- B:-Diphtheria
- C:-Measles
- D:-None of the above

Correct Answer:- Option-A

Question44:-Which of the following is a fungal disease?

- A:-Candidiasis
- B:-Ascariasis
- C:-Leptospirosis
- D:-None of the above

Correct Answer:- Option-A

Question45:-Which among the following is not a 'barrier method' in family planning?

- A:-Vaginal sponge
- B:-Vaginal diaphragm
- C:-Condom
- D:-None of the above

Correct Answer:- Option-D

Question46:-Disinfectant action of sunlight is due to

- A:-Heating effect
- B:-Infra red rays
- C:-Ultra violet rays
- D:-All of the above

Correct Answer:- Option-C

Question47:-All of the following are live vaccines except

- A:-BCG
- B:-OPV
- C:-Measles
- D:-None of the above

Correct Answer:- Option-D

Question48:-New vaccine which has been included in WHO immunization schedule

- A:-HBV
- B:-Measles vaccine
- C:-OPV

D:-TT

Correct Answer:- Option-A

Question49:-Types of rasayana prayoga mentioned by Vagbhata

A:-1

B:-2

C:-3

D:-4

Correct Answer:- Option-B

Question50:-Lasuna rasayana prayoga is contraindicated in

A:-Pitha avaranam

B:-Raktha avarana

C:-Sudha vata

D:-Both (1) and (2)

Correct Answer:- Option-D

Question51:-Number of pulmonary veins is

A:-2

B:-4

C:-5

D:-6

Correct Answer:- Option-B

Question52:-Pacemaker of the heart is

A:-Bundle of His

B:-Purkinje fibres

C:-SA node

D:-AV node

Correct Answer:- Option-C

Question53:-Nasya is indicated in morning during

A:-Sarat

B:-Greeshmam

C:-Vasantham

D:-Both (1) and (3)

Correct Answer:- Option-D

Question54:-Urine is yellow due to the presence of _____ pigment.

A:-Urochrome

B:-Bile pigment

C:-Urochromogen

D:-None of the above

Correct Answer:- Option-A

Question55:-Centre in the brain which regulates respiration and cardio vascular activities

A:-Cerebral cortex

B:-Cerebellum

C:-Pons

D:-Medulla oblongata

Correct Answer:- Option-D

Question56:-Maintenance of posture and equilibrium is the function of

A:-Cerebellum

B:-Cerebrum

C:-Medulla oblongata

D:-Pons

Correct Answer:- Option-A

Question57:-Adhishtana for swasa roga as per Vagbhata is

A:-Amasaya

B:-Yakrit

C:-Phuphusa

D:-Pleeha

Correct Answer:- Option-A

Question58:-Embedded in the eyelids are

A:-Meibomian glands

B:-Lacrimal glands

C:-Sebaceous glands
D:-Ceruminous glands
Correct Answer:- Option-A

Question59:-Maximum limit up to which rakta can be expelled in raktamosha

A:-1 Anjali
B:-1 Pala
C:-1 Prastha
D:-1 Kutava

Correct Answer:- Option-C

Question60:-All panchakarmas are contra indicated in

A:-Hridroga
B:-Krisha
C:-Vridha
D:-Ajeerna

Correct Answer:- Option-D

Question61:-Proper functioning of indriyas is under the control of

A:-Vata dosha
B:-Pitha dosha
C:-Kapha dosha
D:-Tridosha

Correct Answer:- Option-A

Question62:-The food which is given for doshotklesha before vamana

A:-Tila
B:-Masha
C:-Matsya
D:-All of the above

Correct Answer:- Option-D

Question63:-The anti insulin hormone is

A:-Adrenaline
B:-Vasopressin
C:-Oxytocin
D:-Glucagon

Correct Answer:- Option-D

Question64:-After panchakarma, 'parihara kala' is _____ times to the time taken for panchakarma.

A:-equal time
B:-three
C:-two
D:-four

Correct Answer:- Option-C

Question65:-The most powerful fat digesting enzyme in the body

A:-Pancreatic lipase
B:-Intestinal lipase
C:-Gastric lipase
D:-None of the above

Correct Answer:- Option-A

Question66:-Main utility of Chikitsa is

A:-Srodho sodhana
B:-Doshakshaya
C:-Mala sodhana
D:-Dhatu satmyata

Correct Answer:- Option-D

Question67:-Anuvasana can be given on _____ day of virechana as per Charaka.

A:-10th
B:-9th
C:-8th
D:-7th

Correct Answer:- Option-B

Question68:-Among the pancha kashaya kalpana, most potential is

A:-Swarasa

- B:-Kalka
- C:-Srita
- D:-Phanta

Correct Answer:- Option-A

Question69:-Snehavasthi is done at the end of the day in

- A:-Sisira
- B:-Vasantha
- C:-Varsha
- D:-None of the above

Correct Answer:- Option-C

Question70:-Quantity of drug in kashayavasthi

- A:-24 pala
- B:-20 pala
- C:-26 pala
- D:-30 pala

Correct Answer:- Option-A

Question71:-Vastidravaya should be expelled out in snehavasthi within

- A:-3 muhurtha
- B:-2 yama
- C:-3 yama
- D:-None of the above

Correct Answer:- Option-C

Question72:-Snehapaka for abhyanga and vasthi as per Charaka are respectively

- A:-Khara, madhyama
- B:-Khara, mridu
- C:-Mridu, khara
- D:-None of the above

Correct Answer:- Option-B

Question73:-Alpasveda is indicated over

- A:-Hridayam
- B:-Drik
- C:-Mushkam
- D:-All of the above

Correct Answer:- Option-D

Question74:-In Krurakoshta, achapana is indicated for _____ days.

- A:-3
- B:-5
- C:-6
- D:-7

Correct Answer:- Option-D

Question75:-Ghrita is given in pithaja vikaras at

- A:-Night
- B:-Day time
- C:-Early morning
- D:-None of the above

Correct Answer:- Option-A

Question76:-Abhyanga is contra indicated in

- A:-Kaphagrastha
- B:-After sodhana
- C:-Ajeerna
- D:-All of the above

Correct Answer:- Option-D

Question77:-Maximum sareerabala is in

- A:-Hemanta
- B:-Sisira
- C:-Vasantha
- D:-Both (1) and (2)

Correct Answer:- Option-D

Question78:-The best samana oushadha for vatha

- A:-Ghrita
- B:-Taila
- C:-Ksheera
- D:-Madhu

Correct Answer:- Option-B

Question79:-Which doshakopa causes teekshnagni?

- A:-Pitha
- B:-Vata
- C:-Kapha
- D:-Sannipatha

Correct Answer:- Option-A

Question80:-Type of snehapana indicated in visha

- A:-Sarpi
- B:-Vasa
- C:-Taila
- D:-None of the above

Correct Answer:- Option-A

Question81:-The time period mentioned for sirovasthi in swastha is _____ matra.

- A:-1000
- B:-500
- C:-800
- D:-600

Correct Answer:- Option-A

Question82:-Which of the following is indicated for Gandusha as dinacharya?

- A:-Taila
- B:-Madhu
- C:-Ksheera
- D:-None of the above

Correct Answer:- Option-A

Question83:-Oushadhakala for chardi

- A:-Samudga
- B:-Ananna
- C:-Annadi
- D:-Muhur-muhur

Correct Answer:- Option-D

Question84:-Which among the following is not a bahiparimarjana chikitsa?

- A:-Swedana
- B:-Parisheka
- C:-Abhyanga
- D:-None of the above

Correct Answer:- Option-D

Question85:-Which among the following is a type of anagnisweda?

- A:-Tapa
- B:-Upanaha
- C:-Drava
- D:-None of the above

Correct Answer:- Option-D

Question86:-Marma-sandhi samasrita roga is

- A:-Yapya
- B:-Krichra sadhya
- C:-Anupakrama
- D:-Sukha sadhya

Correct Answer:- Option-A

Question87:-Vamana is indicated mainly in which doshakopa

- A:-Kapha
- B:-Vatha
- C:-Pitha
- D:-None of the above

Correct Answer:- Option-A

Question88:-"Agya Chikitsa" among the following is

- A:-Vamana
- B:-Virechana
- C:-Vasthi
- D:-None of the above

Correct Answer:- Option-C

Question89:-Yojana krama of dravya in niruha is

- A:-Makshika, Lavana, Sneha, Kalka, Kwatha
- B:-Lavana, Makshika, Kwatha, Kalka, Sneha
- C:-Makshika, Lavana, Kalka, Kwatha, Sneha
- D:-Kwatha, Kalka, Sneha, Makshika, Lavana

Correct Answer:- Option-A

Question90:-Type of vasti which can be administered after taking food is

- A:-Anuvasana
- B:-Matravasti
- C:-Vaitharana vasthi
- D:-All of the above

Correct Answer:- Option-D

Question91:-Sleep during day time is indicated in _____ ritu.

- A:-Greeshma
- B:-Sarat
- C:-Varsha
- D:-All of the above

Correct Answer:- Option-A

Question92:-Netranga gourava is seen in

- A:-Majjavridhi
- B:-Asthivridhi
- C:-Asthikshaya
- D:-Majjakshaya

Correct Answer:- Option-A

Question93:-First kriyakrama prescribed in eye diseases is

- A:-Aschyotana
- B:-Seka
- C:-Pindi
- D:-Bidalaka

Correct Answer:-**Question Cancelled**

Question94:-Souveeranjana is prescribed

- A:-daily
- B:-once a week
- C:-twice a week
- D:-thrice a week

Correct Answer:- Option-A

Question95:-Best dravya indicated for vamana as per Vagbhata

- A:-Kutaja
- B:-Ikshwaku
- C:-Tilwaka
- D:-Madana

Correct Answer:- Option-D

Question96:-Total number of marmas mentioned by Vagbhata is

- A:-105
- B:-100
- C:-107
- D:-101

Correct Answer:- Option-C

Question97:-Best murdha taila mentioned by Vagbhata is

- A:-Abhyanga
- B:-Pichu
- C:-Seka
- D:-Sirovasthi

Correct Answer:- Option-D

Question98:-The hormone antagonist to calcitonin

- A:-Aldosterone
- B:-Epinehrine
- C:-Parathormone
- D:-Glucagon

Correct Answer:- Option-C

Question99:-Agnimandya is specifically mentioned as the main cause of

- A:-Udara
- B:-Pandu
- C:-Jwara
- D:-Rajyakshma

Correct Answer:- Option-A

Question100:-Trayo upastambas are

- A:-Ahara, nidra, brahmacharya
- B:-Ahara, Vyayama, Abrahmacharya
- C:-Ahara, bhaishajya, brahmacharya
- D:-None of the above

Correct Answer:- Option-A