

World Contraception Day Quiz

1. When is World Contraception Day observed every year?

- ☐ a) September 26
- ☐ b) October 26
- ☐ c) August 26
- ☐ d) July 26

(Answer: a) September 26)

2. What is the main aim of World Contraception Day?

- ☐ a) To promote contraceptive research
- ☐ b) To spread awareness about safe contraception
- ☐ c) To celebrate family planning doctors
- ☐ d) To ban unsafe contraceptives

(Answer: b) To spread awareness about safe contraception)

3. In which year was World Contraception Day first launched?

- ☐ a) 2003
- ☐ b) 2007
- ☐ c) 2010
- ☐ d) 2015

(Answer: b) 2007)

4. Which age group is mainly targeted by World Contraception Day campaigns?

- ☐ a) Children
- ☐ b) Teenagers and young adults
- ☐ c) Middle-aged people
- ☐ d) Elderly

(Answer: b) Teenagers and young adults)

5. Which global organization often supports awareness campaigns on contraception?

- ☐ a) WHO
- ☐ b) FAO
- ☐ c) UNESCO
- ☐ d) WTO

(Answer: a) WHO)

6. What does contraception mainly help in preventing?

- ☐ a) Heart diseases
- ☐ b) Unplanned pregnancies
- ☐ c) Diabetes

☐ d) Malaria

(Answer: b) Unplanned pregnancies)

7. Which is considered the most effective permanent method of contraception?

☐ a) Condoms

☐ b) Pills

☐ c) Sterilization

☐ d) Implants

(Answer: c) Sterilization)

8. Which of these is a barrier method of contraception?

☐ a) Condom

☐ b) Oral pill

☐ c) Injection

☐ d) IUD

(Answer: a) Condom)

9. What does IUD stand for in contraception methods?

☐ a) Internal Uterine Device

☐ b) Intrauterine Device

☐ c) Intra-uterus Dose

☐ d) Inner Uterine Disk

(Answer: b) Intrauterine Device)

10. Which contraceptive method also helps protect against HIV and STDs?

☐ a) Oral pills

☐ b) Condoms

☐ c) IUDs

☐ d) Injections

(Answer: b) Condoms)

11. Which contraceptive pill is commonly known as the 'morning-after pill'?

☐ a) Emergency contraceptive pill

☐ b) Daily oral pill

☐ c) Progesterone-only pill

☐ d) Mini pill

(Answer: a) Emergency contraceptive pill)

12. Which country was the first to introduce oral contraceptive pills for public use?

☐ a) India

☐ b) USA

☐ c) UK

☐ d) France

(Answer: b) USA)

13. Which hormone is commonly used in contraceptive pills?

- ☐ a) Estrogen and Progesterone
- ☐ b) Insulin and Estrogen
- ☐ c) Progesterone and Thyroxine
- ☐ d) Testosterone and Estrogen

(Answer: a) Estrogen and Progesterone)

14. What is the main goal of family planning programs worldwide?

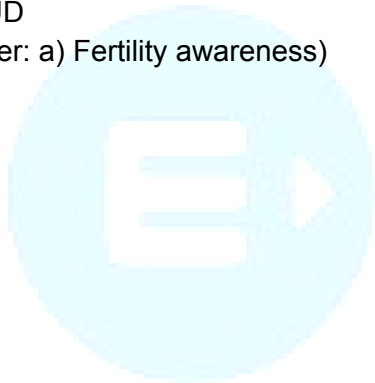
- ☐ a) To reduce hunger
- ☐ b) To provide reproductive choices
- ☐ c) To promote early marriage
- ☐ d) To stop education

(Answer: b) To provide reproductive choices)

15. Which of these is a natural method of contraception?

- ☐ a) Fertility awareness
- ☐ b) Birth control pills
- ☐ c) Implants
- ☐ d) IUD

(Answer: a) Fertility awareness)



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