Global Handwashing Day Quiz

1. When is Global Handwashing Day celebrated?

- o a) October 5
- o b) October 15
- o c) November 15
- o d) September 15

(Answer: b) October 15)

2. Which organization launched Global Handwashing Day?

- o a) World Health Organization (WHO)
- o b) UNICEF
- o c) Global Handwashing Partnership
- o d) United Nations

(Answer: c) Global Handwashing Partnership)

3. In which year was Global Handwashing Day first celebrated?

- o a) 2005
- o b) 2006
- o c) 2008
- o d) 2010

(Answer: c) 2008)

4. What is the main purpose of Global Handwashing Day?

- o a) To promote clean drinking water
- o b) To raise awareness about the importance of hand hygiene
- o c) To promote food safety
- o d) To reduce waste pollution

(Answer: b) To raise awareness about the importance of hand hygiene)

5. Which is the most important time to wash hands?

- o a) After playing
- o b) Before and after meals
- o c) After watching TV
- o d) Before sleeping

(Answer: b) Before and after meals)

6. How long should proper handwashing take?

- o a) 5 seconds
- o b) 10 seconds
- o c) 20 seconds

o d) 30 seconds

(Answer: c) 20 seconds)

7. Which item is most effective in killing germs during handwashing?

- o a) Water only
- o b) Soap and water
- o c) Hand towel
- o d) Sanitizer only

(Answer: b) Soap and water)

8. Which global health organization recommends handwashing as a key preventive measure?

- o a) UNESCO
- o b) WHO
- oc) UNDP
- o d) FAO

(Answer: b) WHO)

9. What percentage of infectious diseases can be prevented through proper handwashing?

- o a) About 10%
- o b) About 30%
- o c) About 50%
- o d) About 70%

(Answer: c) About 50%)



10. Which part of the hand is often missed while washing?

- o a) Palm
- o b) Back of hand
- o c) Fingertips and thumbs
- o d) Wrist

(Answer: c) Fingertips and thumbs)

11. What should you use if soap and water are not available?

- o a) Tissue
- o b) Hand sanitizer with at least 60% alcohol
- o c) Wet cloth
- o d) Air dry only

(Answer: b) Hand sanitizer with at least 60% alcohol)

12. Which diseases can be prevented through proper handwashing?

- o a) Diarrhoea and respiratory infections
- o b) Skin tanning
- o c) Obesity

o d) Vision problems

(Answer: a) Diarrhoea and respiratory infections)

13. Which of the following groups benefits most from regular handwashing?

- o a) Athletes
- o b) Children and healthcare workers
- o c) Drivers
- o d) Artists

(Answer: b) Children and healthcare workers)

14. Where was the first Global Handwashing Day celebrated?

- o a) India
- o b) Bangladesh
- o c) Ghana
- o d) Kenya

(Answer: c) Ghana)

15. Which natural resource is vital for handwashing?

- o a) Water
- o b) Air
- o c) Sunlight
- o d) Soil

(Answer: a) Water)