

## Pregnancy and Infant Loss Remembrance Day Quiz

**1. When is Pregnancy and Infant Loss Remembrance Day observed?**

- ☐ a) October 10
- ☐ b) October 15
- ☐ c) November 15
- ☐ d) September 15

(Answer: b) October 15)

**2. Which country first declared Pregnancy and Infant Loss Remembrance Day?**

- ☐ a) Canada
- ☐ b) Australia
- ☐ c) United States
- ☐ d) United Kingdom

(Answer: c) United States)

**3. In which year was Pregnancy and Infant Loss Remembrance Day first recognized in the United States?**

- ☐ a) 2002
- ☐ b) 2006
- ☐ c) 1998
- ☐ d) 2010

(Answer: a) 2002)

**4. What is the main purpose of Pregnancy and Infant Loss Remembrance Day?**

- ☐ a) To promote maternal health
- ☐ b) To honor babies lost during pregnancy or infancy
- ☐ c) To raise funds for hospitals
- ☐ d) To celebrate new motherhood

(Answer: b) To honor babies lost during pregnancy or infancy)

**5. What time do people light candles worldwide on this day to create a “Wave of Light”?**

- ☐ a) 5:00 p.m.
- ☐ b) 6:00 p.m.
- ☐ c) 7:00 p.m.
- ☐ d) 8:00 p.m.

(Answer: c) 7:00 p.m.)

**6. How long are candles typically kept burning during the “Wave of Light”?**

- ☐ a) 15 minutes
- ☐ b) 30 minutes
- ☐ c) 1 hour

- ☐ d) 2 hours
- (Answer: c) 1 hour)

**7. Which color ribbon represents Pregnancy and Infant Loss Awareness?**

- ☐ a) Pink and blue
  - ☐ b) Red and white
  - ☐ c) Yellow and purple
  - ☐ d) Green and gold
- (Answer: a) Pink and blue)

**8. What does the pink and blue ribbon symbolize?**

- ☐ a) Hope and healing
  - ☐ b) Equality and peace
  - ☐ c) Memory and awareness
  - ☐ d) Both a and c
- (Answer: d) Both a and c)

**9. Which U.S. President officially proclaimed October as Pregnancy and Infant Loss Awareness Month?**

- ☐ a) George W. Bush
  - ☐ b) Bill Clinton
  - ☐ c) Barack Obama
  - ☐ d) Ronald Reagan
- (Answer: d) Ronald Reagan)

**10. What year did Ronald Reagan issue the proclamation for Pregnancy and Infant Loss Awareness Month?**

- ☐ a) 1985
  - ☐ b) 1988
  - ☐ c) 1990
  - ☐ d) 1992
- (Answer: b) 1988)

**11. Which international organization supports awareness of perinatal loss?**

- ☐ a) WHO
  - ☐ b) UNESCO
  - ☐ c) UNICEF
  - ☐ d) UNDP
- (Answer: a) WHO)

**12. Which gesture do many families use to honor lost babies on social media?**

- ☐ a) Posting a heart emoji
- ☐ b) Sharing footprints or angel wings
- ☐ c) Lighting a virtual candle

☐ d) Both b and c

(Answer: d) Both b and c)

**13. What is the goal of observing this remembrance day globally?**

☐ a) To reduce infant mortality

☐ b) To break the silence around baby loss

☐ c) To promote parenting classes

☐ d) To support maternal diet awareness

(Answer: b) To break the silence around baby loss)

**14. Which flower is often used to symbolize remembrance for babies lost too soon?**

☐ a) Rose

☐ b) Lily

☐ c) Forget-me-not

☐ d) Daisy

(Answer: c) Forget-me-not)

**15. How can individuals participate in Pregnancy and Infant Loss Remembrance Day?**

☐ a) By joining walks or candlelight vigils

☐ b) By wearing pink and blue ribbons

☐ c) By lighting candles at 7 p.m.

☐ d) All of the above

(Answer: d) All of the above)

