

Losses in Optical Fibers



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5. Losses in Optical Fibers

➤ In an **optical fiber**, there are **three fundamental loss mechanisms**:

1) Absorption



2) Scattering



3) Bending loss

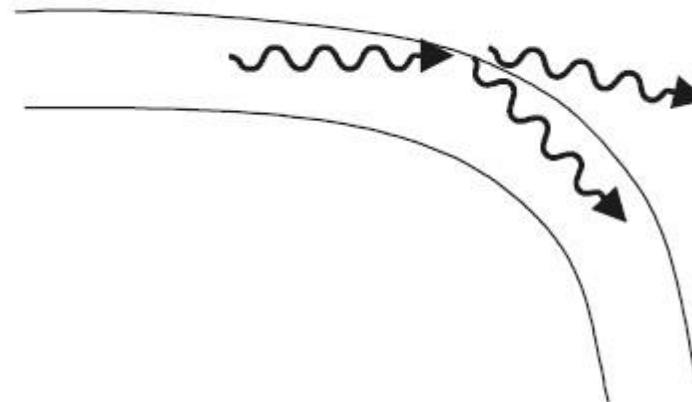


Figure 5-1 Loss mechanisms for light propagating in optical fiber

5. Losses in Optical Fibers (2)

- **Absorption** results in the **loss** of a propagating **photon**, the **photon's energy** generally being converted into **heat**.
- In a **scattering** process, the photon does not **disappear**, but **its direction** (and possibly **its energy**) is **changed**.
- **Absorption** and **scattering** are fundamental materials properties, occurring both in **fibers** and in **bulk glass** (large uniform sections of glass).
- The third loss mechanism, **bending loss**, is **unique to the fiber geometry**, and relates to the requirement of total internal reflection (TIR) for lossless transmission down the fiber.

5-1 Absorption Loss (

1)

➤ **Attenuation coefficient (α)** :as the **fractional loss** in **light power per unit length of propagation**.

➤ The **amount of power lost** in a thin slice of thickness dz is then $P\alpha dz$, where **P** is the **power incident** on the slice.

Beer's law:

$$P_{out} = P_{in}e^{-\alpha L}$$

(5-1)

α : *absorption coefficient* (cm^{-1})

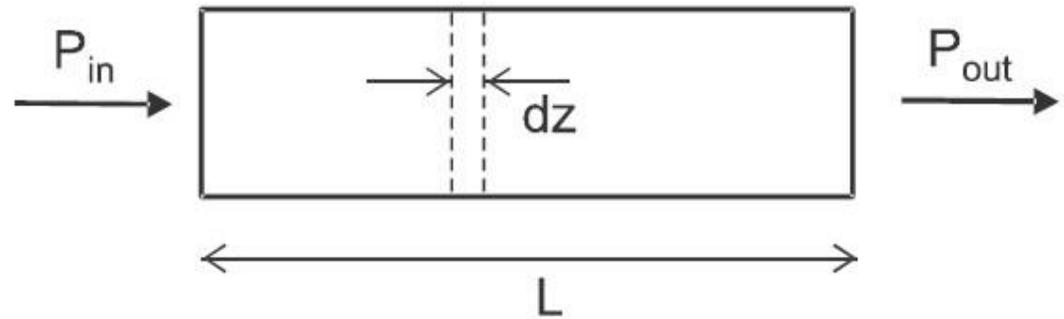


Figure 5-2 A fraction αdz of light power P is absorbed in slice of thickness dz .

2)

$$\text{dB loss} = 10 \log_{10} \left(\frac{P_{\text{in}}}{P_{\text{out}}} \right) = 10 \log_{10} (e^{\alpha L}) = 10 \alpha L \log_{10} e \quad (5-2)$$

or,

$$\text{dB loss} = 4.34 \alpha L \quad (5-3)$$

$$1 \text{ cm}^{-1} = 4.34 \times 10^5 \text{ dB/km}$$



$$1 \text{ dB/km} = 2.303 \times 10^{-6} \text{ cm}^{-1} \quad (5-4)$$

5-1 Absorption Loss (

- In practice, the **dB/km** unit is usually used to describe **losses** in **optical fiber systems**.
- whereas the **cm⁻¹** unit is used when relating **propagation losses** to fundamental **physical processes**.

3)

window of transparency: $0.4 < \lambda < 2\mu\text{m}$

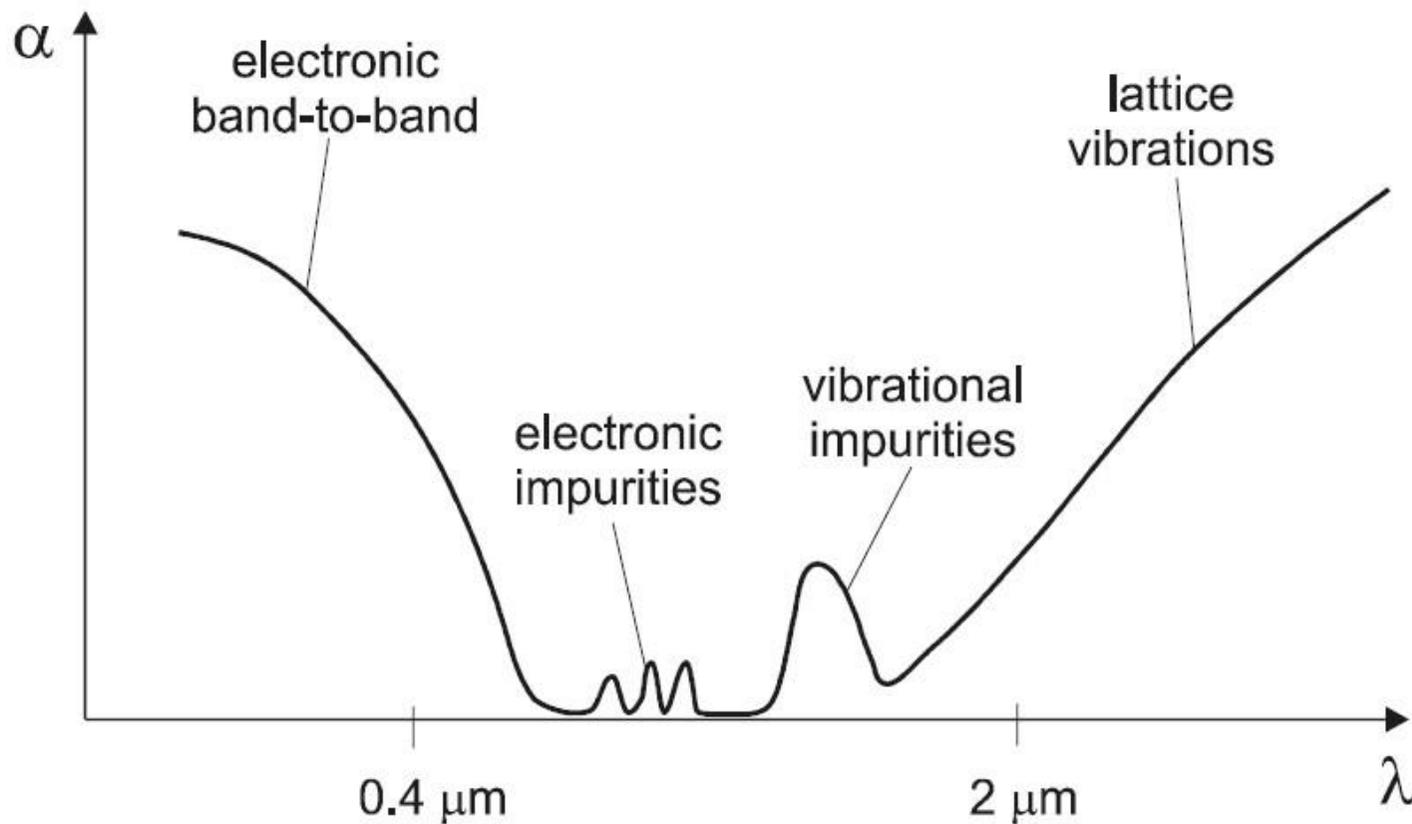


Figure 5-3 Absorption coefficient versus wavelength for optical fiber, showing electronic and vibrational loss mechanisms.

5-1 Absorption Loss (

4)

- The presence of impurities introduces **additional electronic** and **vibrational absorption**, which can **reduce** the **transparency** in this window.
- Typical impurities include transition **metal ions** such as Cu^{2+} , Fe^{2+} , and Cr^{3+} , which introduce **electronic transitions**, and
- The hydroxyl ion OH^- , which introduces strong **vibrational** transitions at **1.4** and **2.8 μm** .
- The transition at **1.4 μm** is especially **detrimental**, being close to the important telecommunications wavelength **1.5 μm** where the **attenuation** in silica fiber is a minimum.
- For the **lowest-loss fibers**, it is important to keep **water out during** the **manufacturing process**, to **minimize** the **OH** content.

Scattering

1. Rayleigh Scattering,

2. Brillouin Scattering,

3. Raman Scattering

1. Rayleigh Scattering

- The most important scattering loss in **glass fibers** is **Rayleigh scattering**, in which the **wavelength** of the **scattered light** remains **unchanged**.
- **Rayleigh scattering** arises from the **interaction** of the **light wave** with *stationary fluctuations* Δn in the **index of refraction** n .
- These **fluctuations** occur due to **random thermal motion** when the **glass** is in a *liquid state*, and are **frozen** in place when the glass makes the transition from **liquid** to **solid** at temperature T_F .

➤ The scattering process can be thought of as equivalent to the scattering of light from small spheres of diameter d and index $n + \Delta n$, embedded in a uniform medium of index n .

❖ If $d \ll \lambda$ (a good approximation here), α_R is found to be

$$\alpha_R \propto \frac{\langle (\Delta n)^2 \rangle}{\lambda^4} \propto \frac{k_B T_F}{\lambda^4} \quad \text{(Rayleigh scattering)} \quad (5-5)$$

$\langle (\Delta n)^2 \rangle$: average square of the refractive index fluctuation k_B : Boltzmann's constant, T_F : Frozen Temperature

➤ why the sky is blue? Because light at shorter wavelengths, i.e. blue, is more strongly scattered into our eyes.

➤ Longer signal wavelengths will experience less loss.

❖ For the silica (SiO₂) glass typically used : (0.8 can be made 0.6 or 0.7)

λ : (μm)
 α_R : (dB/km)

$$\alpha_R \approx (0.8) \left(\frac{1 \mu\text{m}}{\lambda} \right)^4 \text{ dB/km} \quad (\text{silica fiber})$$

(5-6)

-2

➤ First telecommunications window: $\lambda \approx 850 \text{ nm}$	➔	$\alpha_R = 1.5 \text{ dB/km}$
➤ Second telecommunications window: $\lambda \approx 1.3 \mu\text{m}$	➔	$\alpha_R = 0.28 \text{ dB/km}$
➤ Third telecommunications window: $\lambda \approx 1.55 \mu\text{m}$	➔	$\alpha_R = 0.14 \text{ dB/km}$

□ Whether the **losses** can be further **reduced** for wavelengths longer than **1.55 μm** ?

❖ **Answer:** for **silica** fiber is **no**, because at longer wavelengths the **absorption** of light by **vibrational** transitions of the host glass becomes more important than Rayleigh scattering.

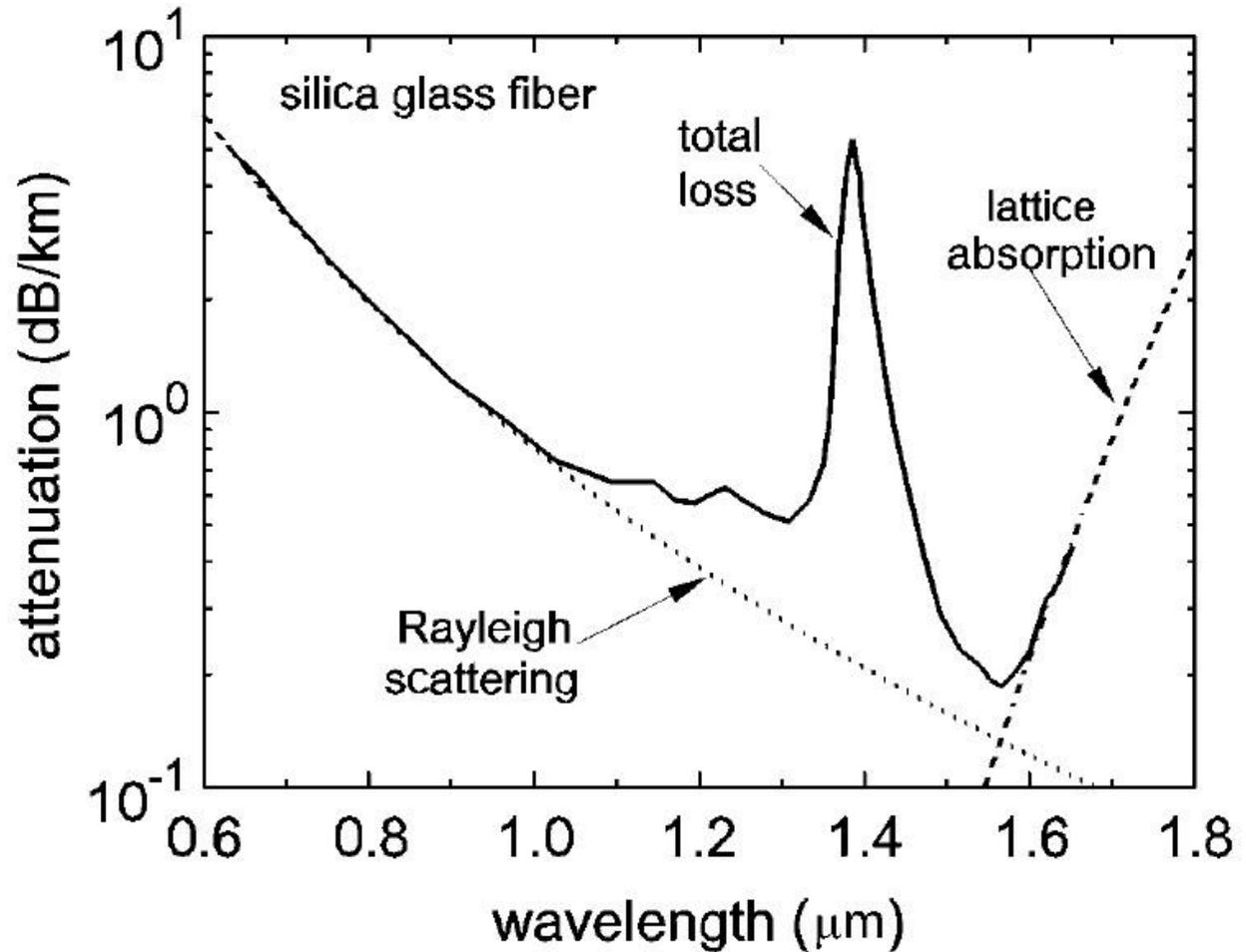
➤ The combination of **Rayleigh scattering** at **shorter wavelengths** and **lattice absorption** at **longer wavelengths** results in a **V-shaped** curve.

➤ In addition, there is a pronounced **OH absorption** peak at **1.4 μm** , which creates local minima in the **attenuation** around **1.3** and **1.5 μm** .

Figure 5-4

Typical attenuation spectrum for **silica glass fiber**, showing contributions from **Rayleigh scattering** and **lattice absorption** that result in a **V-shaped** curve.

For **pure silica fiber**:
 minimum **attenuation**
 $\approx 0.15 \text{ dB/km}$



- The **Rayleigh scattering** can be **reduced** by **adding** small amounts of **dopants** such as **Na₂O** to the **silica** host, but the reduction is only a modest **20%** (Saito et al.1997).
- To reduce the lattice absorption: in the late 1980s there was much interest in **ZrF₄-based, heavy-metal fluoride glasses** for this purpose, since they have **reduced absorption** in the **infrared** compared with **silicaglass**.
- However, the lowest loss so far in **fluoride glass fibers** is **~ 1 dB/km**, due to problems with crystallization and other sources of loss.
- **At present** that for **light propagating** in a **glass fiber**, the ultimate practical minimum loss will be **~ 0.1 dB/km**.



➤ To **reduce** the **loss** further would **require** that the **light propagate not in glass**, but **in air**. Recent developments that make this possible will be discussed in Chapter 8. (**Photonic crystal**)



5-1 Scattering: (2. Brillouin)

- ❖ Light will generally be scattered by any nonuniformity in a material's index of refraction (n).
- ❖ In the case of Rayleigh scattering in glass, the nonuniformity consists of “frozen in” when the liquid cooled into a solid.
- ❖ n can be thought of as nonuniform in a “lumpy” sort of way.
- ❖ Another way that the n can be nonuniform is via a sound (acoustic (ناصاف) wave (نسبتا) in which the density and pressure vary periodically inside the material.

- ❖ The varying density causes a varying n , resulting in “waves” of changing n , propagating at the speed of sound v_s in the material.
- ❖ The separation between planes of maximum index will be $d = v_s/f_a$, where f_a is the frequency of the acoustic wave.
- ❖ Light could scatter off acoustic waves in a process called Brillouin scattering.

5-1 Scattering: (2. Brillouin)

θ

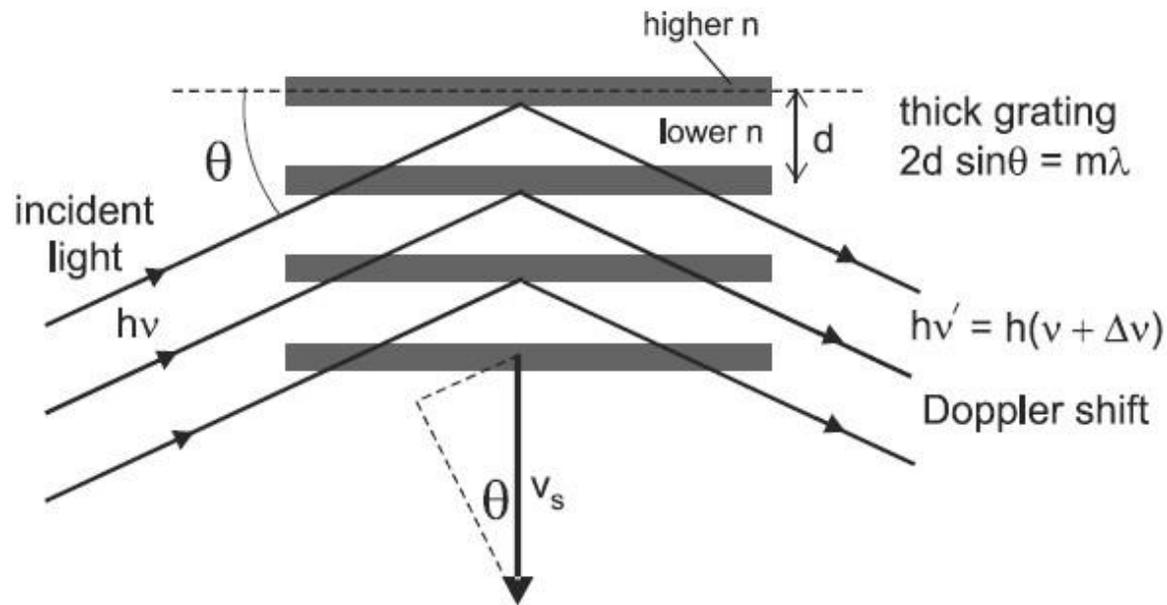


The **change** in optical **frequency** is

$$\frac{\Delta\nu}{\nu} = 2 \frac{v_{\text{along ray}}}{c/n} = \frac{2n}{c} v_s \sin \theta \quad (5-7)$$

n : the **average refractive index** of the **material**

$$\Delta\nu = f_a$$



θ : the **incident angle**

5-1 Scattering: (2. Brillouin)

Figure 5-5 Brillouin scattering from acoustic waves.

➤ for glass: $n = 1.5$ and $v_s = 5 \times 10^3$ m/s and setting $\sin\theta = 1$.

➔ $\Delta v/v \approx 5 \times 10^{-5}$, which for 1500 nm light corresponds to $\Delta v = 10$ GHz or $\Delta\lambda = 0.075$ nm.

➤ The **intensity** of the scattered light is **very weak** for thermally generated **acoustic waves**.

➤ However, for **externally applied sound waves** of **large amplitude**, this scattering process **can be efficient**, and forms the basis for a practical way of **deflecting laserbeams**, the **acousto-optic deflector**.



- In fibers, **Brilluoin scattering** is an important source of **loss *only*** when it becomes **nonlinear**. This occurs primarily for **narrowband light**, with spectral width $\Delta\nu < 10$ MHz.



- The **acoustic waves** consist of the **collective motion** of a large number of atoms, with nearby atoms moving in nearly the **same direction**.
- Other types of vibrations: *localized vibrations* in which **neighboring atoms** are moving in **opposite directions**. (*Ramanscattering*)
- For **small-amplitude motion**, this results in **simple harmonic motion** with **vibrational frequency f_v** given by:

$$f_v = \frac{1}{2\pi} \sqrt{\frac{k}{m_r}} \quad (5-8)$$

$$m_r = m_1 \cdot m_2 / (m_1 + m_2)$$

(reduced mass of the system)

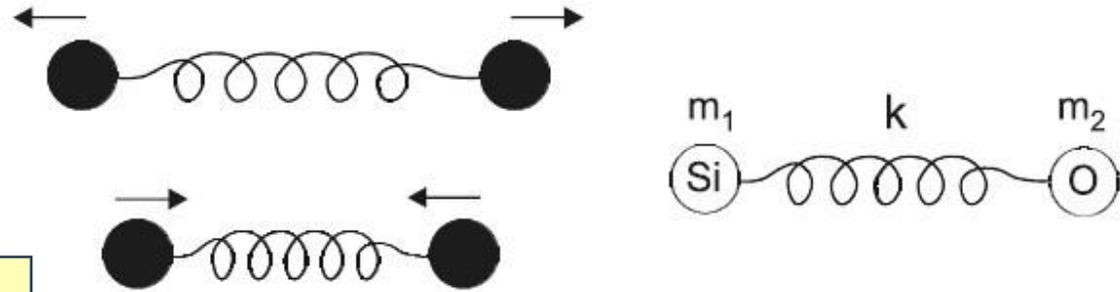


Figure 5-6 Molecular vibrations involved in **Raman scattering** can be modelled by **masses** and **springs**.

- Energy is conserved in **Raman scattering**, just as for **Brillouin scattering**, and the **new** (scattered) photon energy $h\nu'$ is

$$h\nu' = h\nu \pm hf_v \quad (\text{Raman shift}) \quad (5-9)$$

- **Stokes scattering**: When the **scattered light** is **decreased** in **frequency**.

- *Anti-Stokes scattering*: The converse process takes *vibrational energy* out of the molecule to increase the frequency of light.
- The ratio of anti-Stokes to Stokes scattering probabilities is less than one, and is temperature dependent.
- The magnitude of the frequency shift $\nu' - \nu$ is much greater for Raman scattering than for Brillouin scattering because the localized vibrational frequency f_v is much larger than the typical acoustic frequency f_a .
- Typically, $f_v \sim 10 - 30$ THz, whereas $f_a \sim 10$ GHz.
- Since the restoring force arises from changes in the spacing between adjacent atoms, the effective spring constant is reduced.

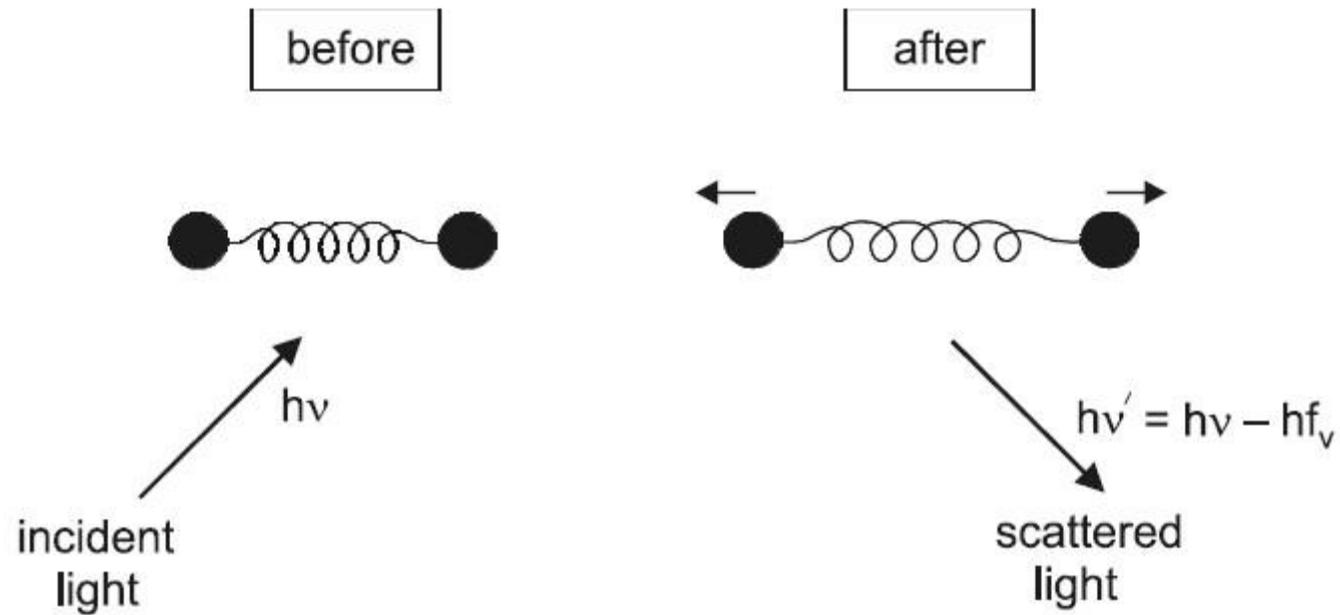


Figure 5-7 Some energy from the photon is transferred to molecular vibrational energy in Raman scattering.

- ❖ Losses due to Raman scattering become important in single-mode fibers when nonlinear effects set in, typically at power levels > 500 mW.

5-1 Scattering: (3. Raman

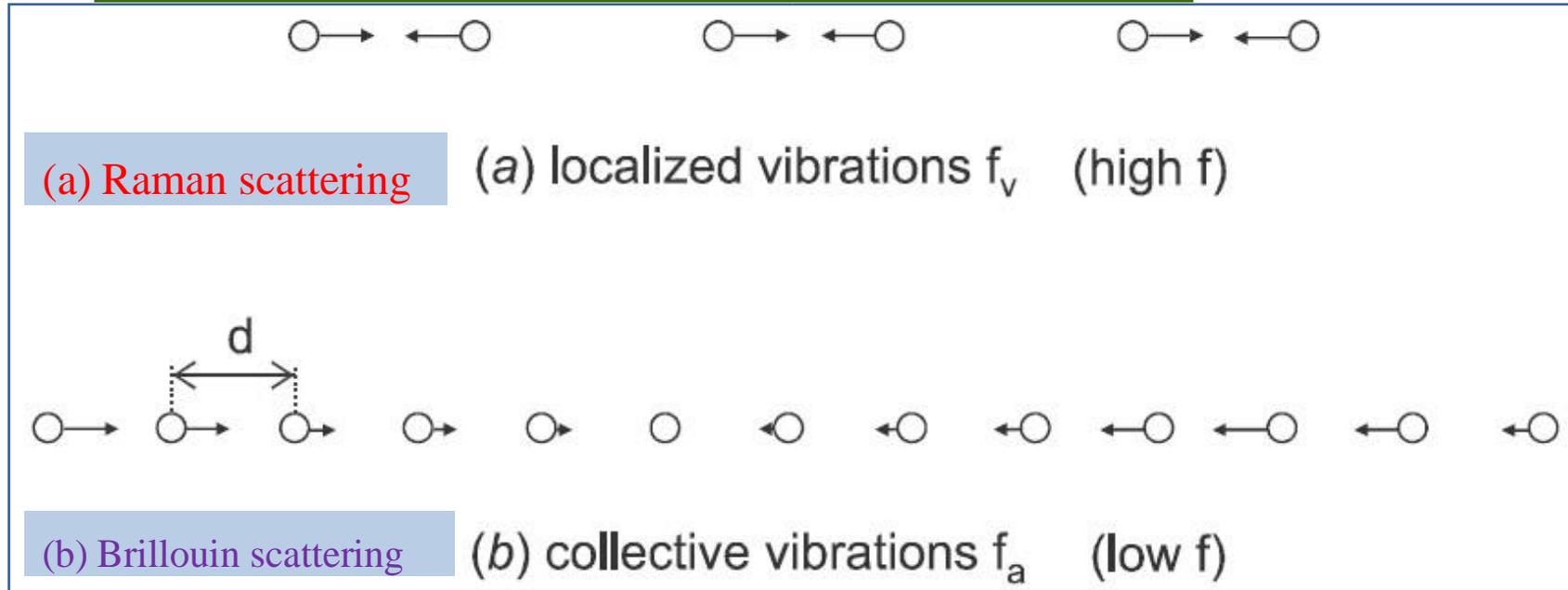


Figure 5-8 Vibrational patterns for (a) Raman scattering and (b) Brillouin scattering. Arrows show the relative displacement of the atoms.

EXAMPLE 5-1

❖ Light of free-space wavelength 1500 nm is incident on silica glass. Determine the frequency and wavelength of the Stokes-shifted, Raman-scattered light, assuming $f_v = 15$ THz.

Solution: The optical frequency of the incident light is

$$\lambda = 1550 \text{ nm} \quad \rightarrow \quad \nu = \frac{c}{\lambda} = \frac{3 \times 10^8 \text{ m/s}}{1.5 \times 10^{-6} \text{ m}} = 2 \times 10^{14} \text{ Hz}$$

$$h\nu' = h\nu \pm hf_v \quad \rightarrow \quad \text{frequency of scattered light is } (\nu):$$

$$\nu' = (20 - 1.5) \times 10^{13} = 1.85 \times 10^{14} \text{ Hz}$$

which corresponds to

$$\lambda' = \frac{c}{\nu'} = \frac{3 \times 10^8 \text{ m/s}}{1.85 \times 10^{14} \text{ Hz}} = 1620 \text{ nm}$$

Bending Losses

- When an **optical fiber** is **bent**, light may become **unguided**, resulting in a **loss** of guided light **power**.
- **Mode coupling**: The **light shift** from one **guided mode** to **another** guided mode.

1. Geometrical Optics View

2. Physical Optics View

(significant bending loss)

1. Geometrical Optics View

If R is too small, $\theta < \theta_c$, and the ray will no longer be guided.

$$R < \frac{a}{\Delta} \quad (5-10)$$

This occurs when:

Where $\Delta \ll 1$ has been assumed.

Bending Losses (Geometrical Optics View)

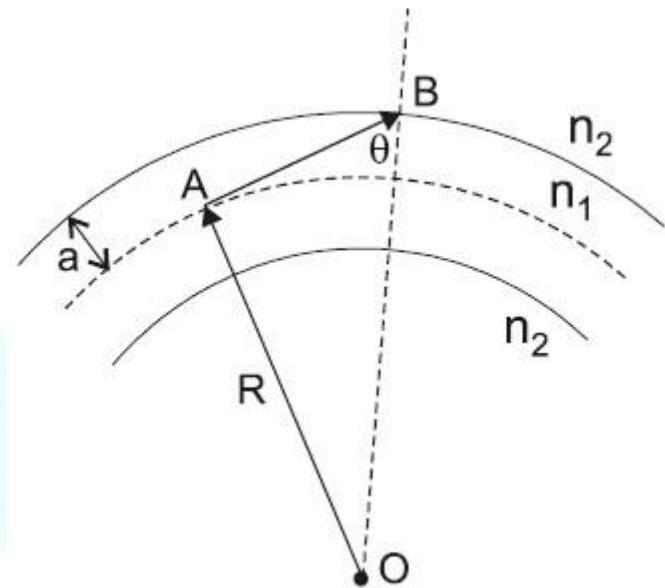


Figure 5-9 Ray optics picture of light loss due to fiber bending

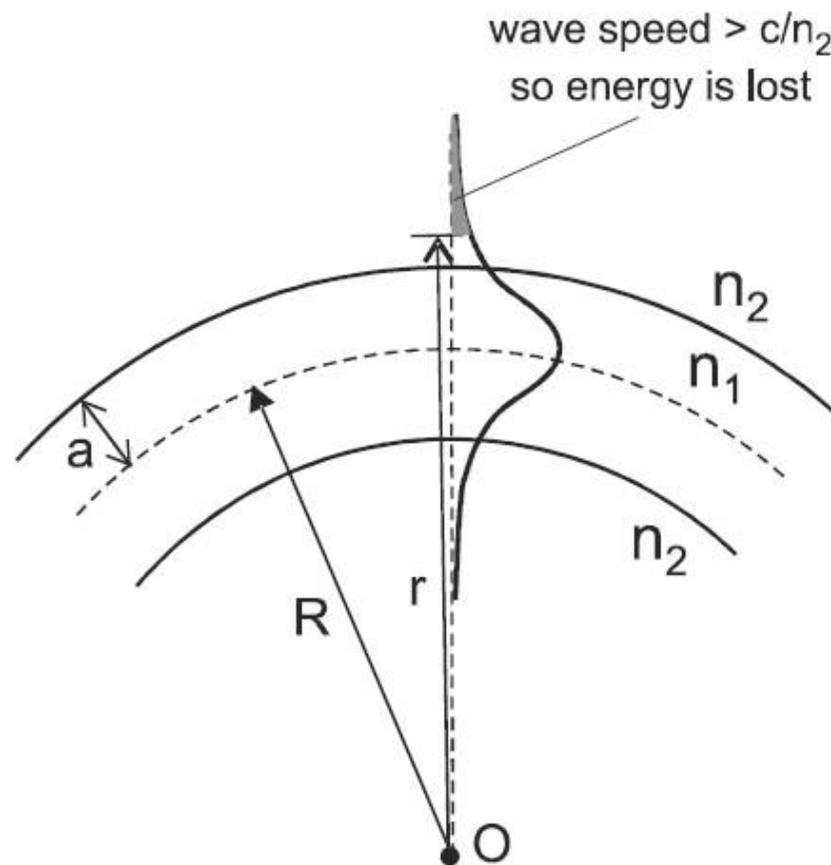
- For example, if the core diameter is $100 \mu\text{m}$ and $\Delta = 0.01$, the bending loss will be significant for $R < 5\text{mm}$.

- The degree of bending loss depends not only on the bend radius, but also on which modes are propagating.
- The low-order modes are more stable and resistant to bending losses.
- Whereas the high-order modes are only marginally stable, and prone to significant loss from even small bends.

Bending Losses (Physical Optics View)

➤ As the wave moves along the arc, *different parts* of the wave must move at *different speeds*, in order for the wave to *maintain the same shape* as it propagates.

➤ At some distance r_{\max} from the pivot, the *evanescent wave* in the cladding must be *moving* at a *speed greater than* the speed of light in the *cladding*



material, c/n_2 .

Figure 5-10 Wave optics picture of light loss due to fiber bending.



Bending Losses (Physical Optics View)

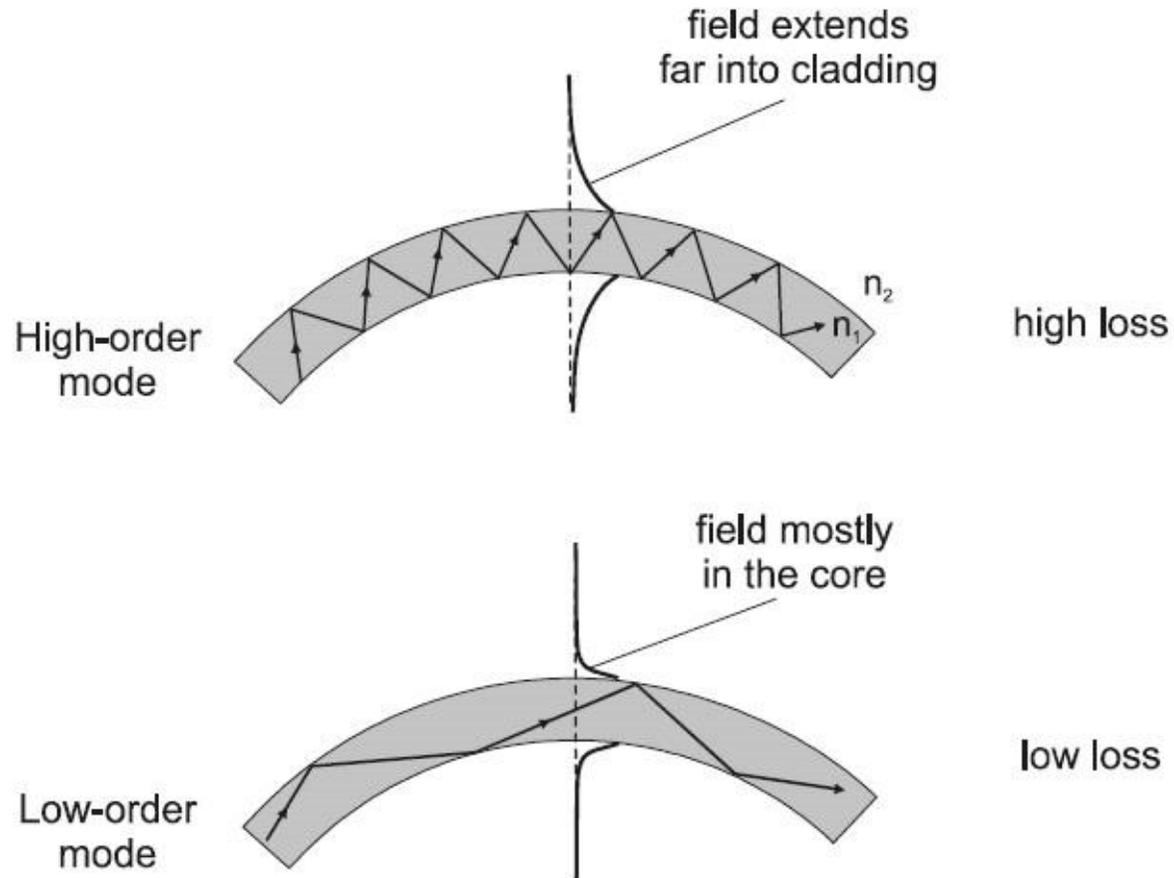


Figure 5-11 High-order modes are **more lossy** because more of the **mode's** energy is in the **evanescent wave**, where energy is **lost** due to **bending**.



5-3 Bending Losses (Length Scale for Bending Loss)

1. Macrobending 2. Microbending

➤ *Macrobending losses* are those caused by bends with **R** in the **centimeter** to **meter** range.

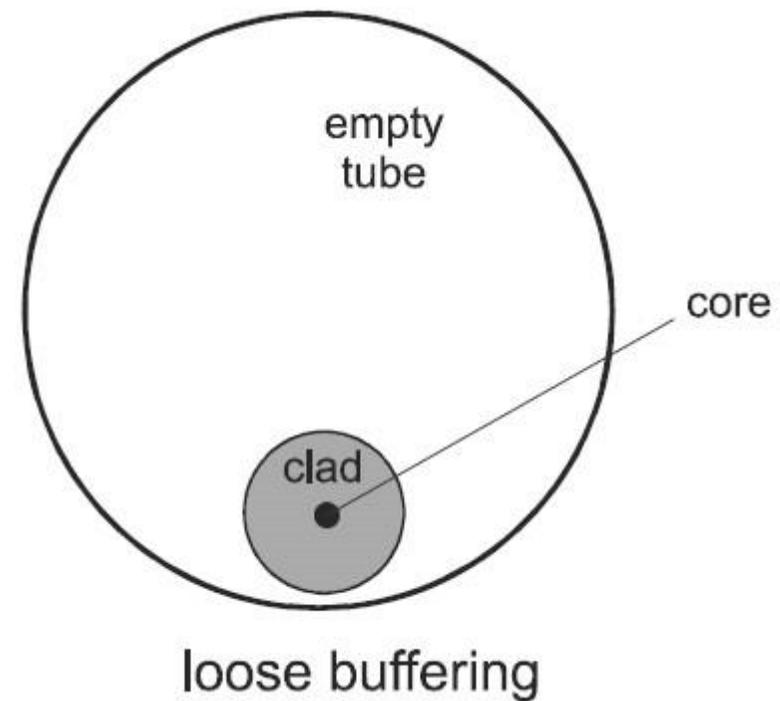
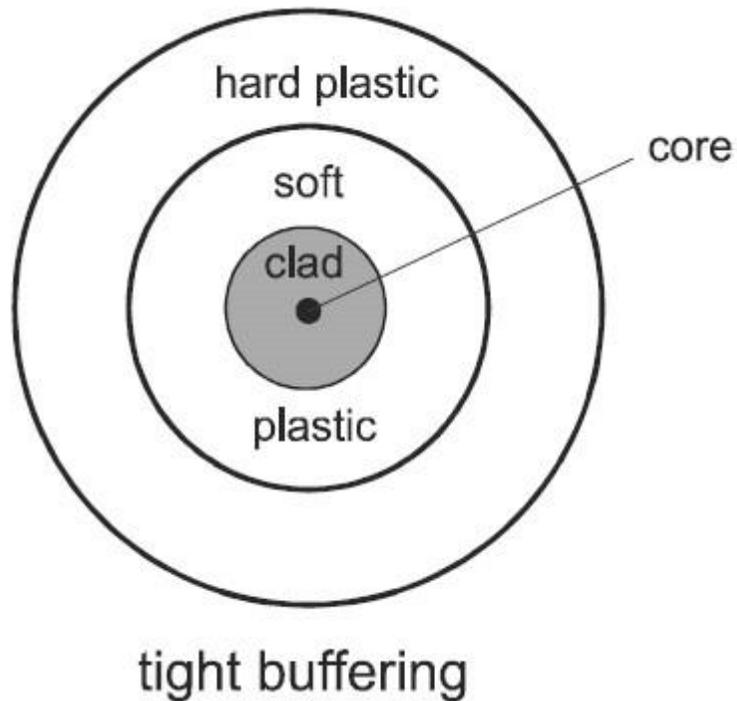
➤ These **losses** are usually **small**, affecting mostly the **higher-order modes** in a **multimode** fiber.

□ **Microbending losses** are **more difficult** to control, arising from **bends** on the **μm** length **scale**.

□ These **microbends** can be introduced by anything that **crimps** or **stresses** the fiber, including the **packaging material** that houses the fiber.

5-3 Bending Losses (Length Scale for Bending Loss) -2

- The **protection** from microbending is better with **loose buffering**, since there is more “**wiggle room**” for the fiber.



5-3 Bending Losses (Mode Coupling)

Figure 5-12 Two typical fiber-jacketing schemes. The method of containing the fiber in the cable can influence the degree of microbending loss.

➤ **Mode coupling** : light propagating in **one guided mode** can be **scattered** into another **guided mode**. This process of **transferring energy** from one mode to **another** is termed.

i. **Low-order modes**: Modes with the **highest** values

High-order modes: Modes with the **lowest** values

1. Guided Mode

2. Radiation Mode

3. Cladding Mode

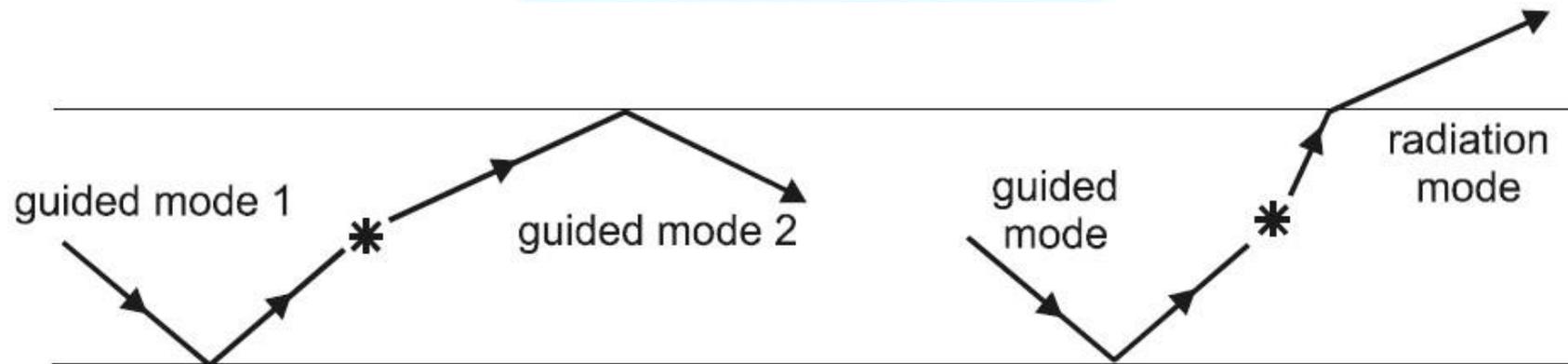


Figure5-13 Scattering or fiber bending can couple light from one mode to another.



5-3 Bending Losses (Mode Coupling)

- **Radiation mode**: Light that is no longer guided ($\beta < n_2k_0$).
- In a **radiation mode**, although this **is not** a true mode of the fiber.

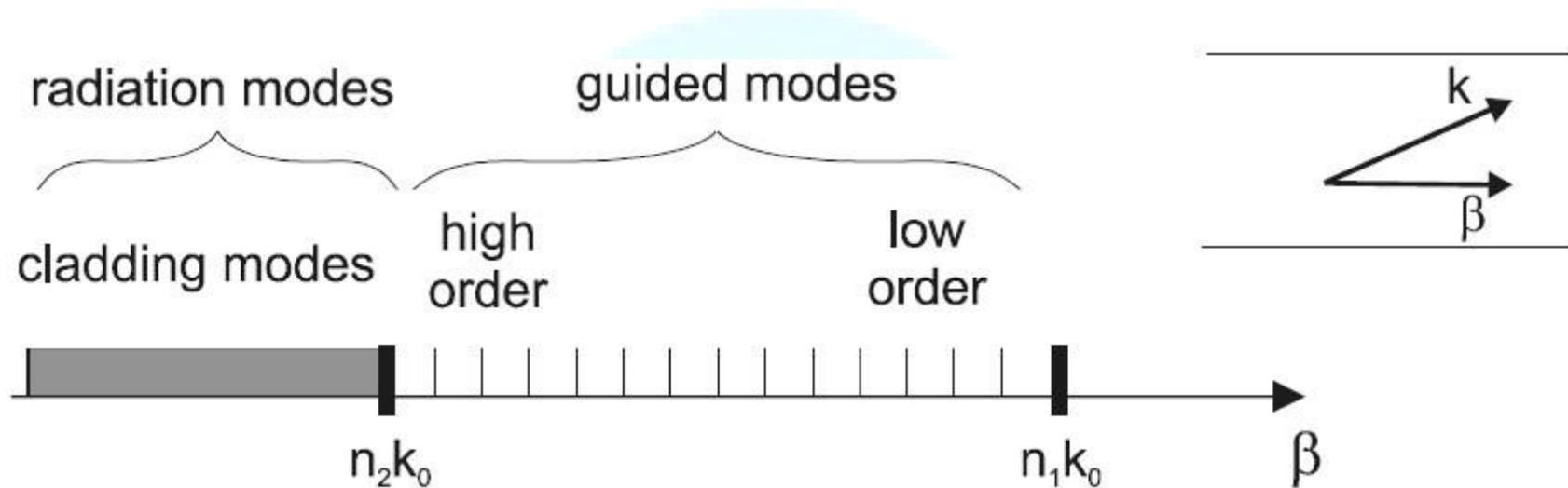


Figure 5-14 Distribution of fiber modes in β space, with discrete guided modes in the range $n_2k_0 < \beta < n_1k_0$, and continuous radiation modes for $\beta < n_2k_0$.

- The coupling of modes can be enhanced by forcing the fiber through a series

5-3 Bending Losses

of
tight bends.

➤ Such a **device** is termed a *modemixer*, and can be realized by simply **sandwiching** the fiber between pieces of sandpaper.

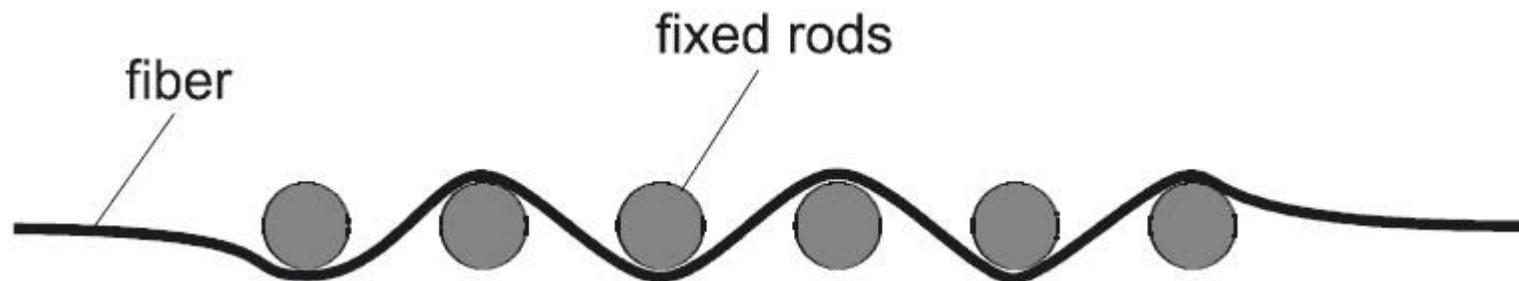


Figure 5-15 A **mode mixer** creates an equilibrium **modal** distribution.

5-3 Bending Losses (Mode Coupling)

(Cladding Modes)

- **cladding mode**: Light that is **lost** into **radiation modes** is **no longer** guided by the **core**, but it can still **propagate** some distance **along** the **fiber**.
- The **mode stripper** **removes** light from the **cladding modes**, leaving only **true guided modes** carrying the light energy.
- As the light propagates, some **guided modes** will continue to feed energy into the **cladding modes** by **mode coupling**.

5-3 Bending Losses

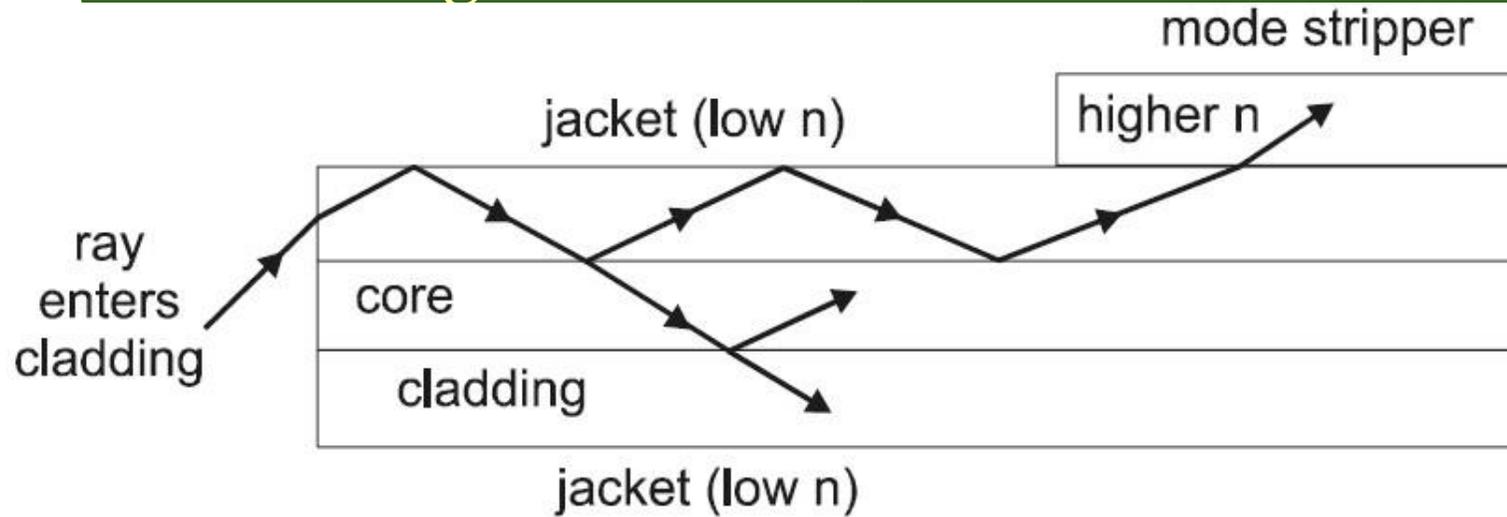


Figure 5-16 Cladding modes can be removed with a mode stripper.

Problems (chap.5): 2, 3, 6, 10, 12

