



**ATOMIC ENERGY EDUCATION SOCIETY**  
Anushaktinagar, Mumbai-400 094

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**2015 - Open Candidates Examination**

Post - TGT (Physical Education)

Date - 28.09.2015

Time - 1 Hour 30 Minutes

Maximum Marks - 50

**Instructions**

1. There are 50 Multiple Choice Questions (MCQ) in this paper. Each question carries 1 mark. There will be negative marking of 0.25 per wrong answer.
2. Answer should be darkened/marked in the OMR answer sheet only.
3. Use of any electronic gadget (e.g. calculator, mobile phone, etc.) is not permitted, in the examination hall.
4. In case a candidate has not signed the Attendance Sheet or the OMR Answer Sheet is not signed by the Invigilator, it will be dealt with as a case of unfair means.
5. On completion of the test, the candidates MUST HAND OVER THE OMR ANSWER SHEET AND QUESTION PAPER TO THE INVIGILATOR in the room/hall.
6. The candidates should ensure that the OMR answer sheet is not folded or damaged.

**To be filled by the candidate**

Name of the Candidate: \_\_\_\_\_

Roll Number: \_\_\_\_\_

OMR Number: \_\_\_\_\_

**No of printed pages -6**

**2015-Open Candidates- TGT (Physical Education) – QP**

- Q.1) Who was the first person to receive "Rajiv Gandhi Khel Ratna" award?  
A) K. Malleshwari  
B) Baichung Bhutia  
C) Vishwanathan Anand  
D) Sachin Tendulkar
- Q.2) Olympic rings indicate –  
A) Five continents  
B) Five rivers  
C) Five countries  
D) Five mountains
- Q.3) In which year were the Winter Olympics held for the first time?  
A) 1923  
B) 1924  
C) 1925  
D) 1926
- Q.4) Indian Olympics Association was formed in the year-  
A) 1927  
B) 1928  
C) 1929  
D) 1930
- Q.5) Where is the headquarter of international Olympic committee located?  
A) U.S.A.  
B) London  
C) Switzerland  
D) Germany
- Q.6) In which of the following years, Olympic was not held due to world war?  
A) 1948  
B) 1952  
C) 1940  
D) 1968
- Q.7) To whom does the Olympic movement in India owe its birth?  
A) Pt. Jawahar Lal Nehru  
B) Sir Dorabji Tata.  
C) B.P. Coubertain  
D) Maharaja Yadavendra Singh
- Q.8) Which Indian has the most Olympic appearances to his credit?  
A) Dr. Randhir Singh Karni  
B) Yaduvindra Singh  
C) Khazan Singh  
D) None of the above
- Q.9) How many countries participated in the first modern Olympic in 1896?  
A) 11  
B) 12  
C) 13  
D) 14

Q.10) The body which controls the participation of the Indian teams in Olympic Games is-

- A) A.A.F.I.
- B) I.O.C.
- C) I.O.A.
- D) O.C.A.

Q.11) When was the I.O.A. formed?

- A) 1925
- B) 1926
- C) 1927
- D) 1928

Q.12) Which Indian Captain mounted on the victory stand for first time during Olympics?

- A) Dhyan Chand
- B) Jaipal Singh
- C) K.D. Singh "Babu"
- D) Kapil Dev

Q.13) Which Olympics were the first to be televised live?

- A) Berlin, 1936
- B) London, 1948
- C) Helsinki, 1952
- D) Rome, 1960

Q.14) What is Chronological age?

- A) Age in years, months and days
- B) Indicated by bones and dentition
- C) Determined by signs of puberty
- D) Determined by use of intelligence tests

Q.15) Who is the first Indian Tennis Players to win boy's Australian Open Junior Title?

- A) Prakash Amritraj
- B) Rohan Bopanna
- C) Yuki Bhambri
- D) Zeeshan Ali

Q.16) The headquarter of IOC are located in-

- A) France
- B) U.K.
- C) U.S.A.
- D) Switzerland

Q.17) The first Asian Games were held in-

- A) 1949
- B) 1951
- C) 1950
- D) 1952

Q.18) Sports injuries can be minimized by-

- A) Massage
- B) Sauna bath
- C) Steam bath
- D) None of the above

Q.19) Which of the following is more severe?

- A) Sprain
- B) Strain
- C) Both (a) and (b) are equally severe
- D) Abrasion

- Q.20) "Hydrotherapy" is given using-
- A) Ice  
B) Water  
C) Wax  
D) Heat
- Q.21) What is the percentage of water in human body?
- A) 50 %  
B) 60 %  
C) 70 %  
D) 80 %
- Q.22) Energy requirements depend upon -
- A) Age  
B) Sex  
C) Physical activity  
D) All above
- Q.23) The sternum is located in-
- A) Foot  
B) Palm  
C) Chest  
D) Skull
- Q.24) Hip joint is a -
- A) Pivot joint  
B) Hinge joint  
C) Saddle joint  
D) Ball and socket joint
- Q.25) In which year was Netaji Subhash National Institute of Sports, Patiala established?
- A) 1958  
B) 1959  
C) 1960  
D) 1961
- Q.26) When was Lakshmi Bai College of Physical Education established in Gwalior?
- A) 1967  
B) 1947  
C) 1957  
D) 1977
- Q.27) The stroke volume of an average adult is-
- A) 70 ml  
B) 80 ml  
C) 85 ml  
D) 90 ml
- Q.28) The Arjuna Awards were instituted in the year-
- A) 1965  
B) 1961  
C) 1963  
D) 1957
- Q.29) The number of umpires required to conduct a Hockey match is-
- A) One  
B) Three  
C) Four  
D) Two

- Q.30) What is the duration of one half in the game of Hockey?
- A) 34 Minutes  
B) 40 Minutes  
C) 35 Minutes  
D) 30 Minutes
- Q.31) Number of flights in 110m (Hurdle) race is-
- A) 8  
B) 9  
C) 10  
D) 11
- Q.32) Distance of Marathon race is-
- A) 43.195 km  
B) 42.195 km  
C) 41.185 km  
D) 40.165 km
- Q.33) Height of Antenna in Volleyball is-
- A) 1.80m  
B) 1.60m  
C) 1.40m  
D) 1.20m
- Q.34) According to the new rules, maximum points in the first 4 sets of a game in volleyball is-
- A) 15  
B) 14  
C) 25  
D) 24
- Q.35) What is the Weight of a Basketball?
- A) 400-800 gm  
B) 500-600 gm  
C) 567-650 oz  
D) 567-650 gm
- Q.36) How many substitutes are there in the game of Basketball, in one team?
- A) 4  
B) 5  
C) 6  
D) 7
- Q.37) What is the duration of a round in Boxing?
- A) 1 minutes  
B) 2 minutes  
C) 3 minutes  
D) 4 minutes
- Q.38) How many cross lanes are there in Kho-Kho?
- A) 6  
B) 7  
C) 8  
D) 9
- Q.39) What is the Length of a standard swimming pool?
- A) 50 Meters  
B) 60 Meters  
C) 70 Meters  
D) 80 Meters

- Q.40) The height of the backboard of hockey goal is—  
 A) 12 inches  
 B) 10 inches  
 C) 18 inches  
 D) 24 inches
- Q.41) In soccer the penalty kick spot is marked at a distance of—  
 A) 12 yards  
 B) 8 yards  
 C) 10 yards  
 D) 16 yards
- Q.42) Aerobic exercises contribute to the development of—  
 A) Speed  
 B) Strength  
 C) Agility  
 D) Endurance
- Q.43) Circuit training was developed by—  
 A) Morgan and Adamson  
 B) Reindall  
 C) Van Aaken  
 D) Marlow
- Q.44) The Javelin was first introduced into modern Olympics in—  
 A) 1908  
 B) 1912  
 C) 1904  
 D) 1900
- Q.45) What is the length of the Badminton court for singles and doubles?  
 A) 13.44 m  
 B) 13.40 m  
 C) 13.70 m  
 D) 13.55 m
- Q.46) The number of feathers in a shuttle in Badminton is—  
 A) 10 feathers  
 B) 12 feathers  
 C) 14 feathers  
 D) 16 feathers
- Q.47) The length of the hockey field is—  
 A) 100 yards  
 B) 50 yards  
 C) 80 yards  
 D) 90 yards
- Q.48) The term "GRAND SLAM" is associated with  
 A) Chess  
 B) Bridge and Tennis  
 C) Billiards and Basketball  
 D) Hockey
- Q.49) "Shuttle Run" test measures—  
 A) Explosive Strength  
 B) Speed Endurance  
 C) Agility  
 D) Speed
- Q.50) Sultan Azlan Shah Trophy is associated with—  
 A) Football  
 B) Hockey  
 C) Badminton  
 D) Lawn Tennis

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**OPEN ADVERTISEMENT CANDIDATE EXAM-2015****TGT (Physical Education)**

## Answer Key

1	C	26	C
2	A	27	A
3	B	28	B
4	A	29	D
5	C	30	C
6	C	31	C
7	B	32	B
8	A	33	A
9	D	34	C
10	C	35	D
11	C	36	B
12	B	37	C
13	A	38	C
14	A	39	A
15	C	40	C
16	D	41	A
17	B	42	D
18	A	43	A
19	A	44	A
20	B	45	B
21	C	46	D
22	D	47	A
23	C	48	B
24	D	49	C
25	D	50	B

