

World Environmental Health Day Quiz

1. When is World Environmental Health Day celebrated?

- ☐ a) September 26
- ☐ b) October 26
- ☐ c) November 26
- ☐ d) December 26

(Answer: a) September 26)

2. Which organization promotes World Environmental Health Day globally?

- ☐ a) WHO
- ☐ b) IFEH
- ☐ c) UNEP
- ☐ d) UNESCO

(Answer: b) IFEH – International Federation of Environmental Health)

3. Environmental health primarily focuses on the impact of what?

- ☐ a) Technology
- ☐ b) Environment on human health
- ☐ c) Culture
- ☐ d) Economy

(Answer: b) Environment on human health)

4. Which factor is a major concern of environmental health?

- ☐ a) Air and water quality
- ☐ b) Social media trends
- ☐ c) Political elections
- ☐ d) Sports activities

(Answer: a) Air and water quality)

5. Exposure to which of these is an environmental health risk?

- ☐ a) Pollution
- ☐ b) Healthy diets
- ☐ c) Exercise
- ☐ d) Meditation

(Answer: a) Pollution)

6. What does the term 'public health' include?

- ☐ a) Individual wealth
- ☐ b) Community health and safety
- ☐ c) Private property

- ☐ d) Personal hobbies
- (Answer: b) Community health and safety)

7. Which type of pollution directly affects environmental health?

- ☐ a) Air and water pollution
- ☐ b) Light pollution only
- ☐ c) Noise pollution only
- ☐ d) Fashion pollution

(Answer: a) Air and water pollution)

8. Which sector is key to preventing environmental health risks?

- ☐ a) Agriculture
- ☐ b) Environmental management
- ☐ c) Entertainment
- ☐ d) Banking

(Answer: b) Environmental management)

9. Contaminated water can cause which diseases?

- ☐ a) Cholera and typhoid
- ☐ b) Diabetes
- ☐ c) Arthritis
- ☐ d) Migraine

(Answer: a) Cholera and typhoid)

10. Which gas is a major contributor to air pollution?

- ☐ a) Oxygen
- ☐ b) Carbon monoxide
- ☐ c) Nitrogen
- ☐ d) Helium

(Answer: b) Carbon monoxide)

11. Environmental health also addresses which workplace concern?

- ☐ a) Employee motivation
- ☐ b) Workplace safety and hygiene
- ☐ c) Salary structure
- ☐ d) Team-building activities

(Answer: b) Workplace safety and hygiene)

12. Which of these is a key strategy in environmental health?

- ☐ a) Risk assessment and management
- ☐ b) Social media marketing
- ☐ c) Urban entertainment
- ☐ d) International trade

(Answer: a) Risk assessment and management)

13. Which populations are most vulnerable to environmental health issues?

- ☐ a) Children and elderly
- ☐ b) Adults aged 30–40
- ☐ c) Athletes only
- ☐ d) Office workers only

(Answer: a) Children and elderly)

14. Which activity reduces environmental health risks?

- ☐ a) Proper waste disposal
- ☐ b) Ignoring pollution
- ☐ c) Deforestation
- ☐ d) Using plastic excessively

(Answer: a) Proper waste disposal)

15. Environmental health professionals work mainly to ensure what?

- ☐ a) Healthy living environments
- ☐ b) Increased social media usage
- ☐ c) Political campaigns
- ☐ d) Entertainment growth

(Answer: a) Healthy living environments)

