





Hit the road

Meaning: To leave

Example: It's getting late; we should hit the road.

Bite the bullet

Meaning: To face a difficult situation bravely

Example: She knew the surgery would be tough,

but she had to bite the bullet.

Break a leg

Meaning: A way to wish someone good luck

Example: Break a leg at your audition today!

Cost an arm and a leg

Meaning: To be very expensive

Example: That designer handbag must have cost

her an arm and a leg.

Cry over spilled milk

Meaning: To lament something that has already happened

and cannot be changed

Example: There's no use crying over spilled milk; we'll just

have to clean it up.

Don't cry wolf

Meaning: To make false alarms

Example: He always cries wolf about computer problems,

but there's never anything wrong.

The ball is in your court

Meaning: It's your turn to make a decision

Example: I've done all I can; now the ball is in your court.

Don't count your chickens before they hatch

Meaning: Don't make plans based on something that hasn't

happened yet

Example: I know you're excited about the job offer, but don't

count your chickens before they hatch.

Every cloud has a silver lining

Meaning: There is something positive in every negative

situation

Example: Even though he lost his job, he realized that every

cloud has a silver lining when he started his own

successful business.

Kill two birds with one stone

Meaning: To accomplish two tasks with a single effort

Example: By going to the grocery store on my way home,

I can kill two birds with one stone.

The early bird catches the worm

Meaning: Being early or prepared can lead to success

Example: She always arrives at work early, believing that

the early bird catches the worm.

Don't put all your eggs in one basket

Meaning: To not risk everything on a single venture

Example: Diversify your investments; don't put all your eggs

in one basket.

Once in a blue moon

Meaning: Very rarely

Example: We only see each other once in a blue moon

since she moved to another city.

Let the cat out of the bag

Meaning: To reveal a secret

Example: I accidentally let the cat out of the bag about the

surprise party.

The devil is in the details

Meaning: Small things are important and can cause problems

if ignored

Example: Make sure you read the contract carefully; the

devil is in the details.

In the heat of the moment

Meaning: Acting without thinking due to strong emotions

Example: I didn't mean to say those things; I was just

caught up in the heat of the moment.

Burning the midnight oil

Meaning: Working late into the night

Example: I have a deadline tomorrow, so I'll be burning the

midnight oil tonight.

A penny for your thoughts

Meaning: Asking someone what they are thinking

Example: You look lost in thought; a penny for your thoughts?

Jumping on the bandwagon

Meaning: Joining a popular trend or activity

Example: Everyone's starting a blog these days; I guess I'll

jump on the bandwagon.

Don't throw the baby out with the bathwater

Meaning: To discard something valuable while getting rid

of something undesirable

Example: Yes, there are flaws in the proposal, but let's not

throw the baby out with the bathwater; there are

some good ideas in there too.

Under the weather

Meaning: Feeling unwell

Example: I can't come to the party tonight; I'm feeling a bit

under the weather.

A piece of cake

Meaning: Something very easy to do

Example: That test was a piece of cake; I finished it in no

time.

Don't beat around the bush

Meaning: Get to the point without wasting time

Example: Stop beating around the bush and tell me what's

on your mind.

Break the ice

Meaning: To start a conversation in a social setting

Example: I always find it challenging to break the ice at

parties.

Burning bridges

Meaning: Ruining relationships or opportunities

Example: Quitting your job in such an unprofessional

manner is like burning bridges; you may need a

reference later.

A dime a dozen

Meaning: Very common or easy to find

Example: Those trinkets are a dime a dozen; you can find

them anywhere.

Don't cry over spilled milk

Meaning: To lament something that has already happened

and cannot be changed

Example: There's no use crying over spilled milk; we'll just

have to clean it up.

Don't judge a book by its cover

Meaning: Not to judge someone based on their appearance

Example: She may seem shy, but don't judge a book by its

cover; she's quite outgoing once you get to know

her.

All ears

Meaning: Eager to listen or hear more

Example: When she started talking about her travels, I was

all ears.

Bite off more than you can chew

Meaning: To take on more responsibilities than one can handle

Example: He agreed to manage three projects at once; I

think he's bitten off more than he can chew.

Hit the nail on the head

Meaning: To describe something perfectly

Example: She hit the nail on the head with her analysis of

the situation.

A watched pot never boils

Meaning: Time seems to pass more slowly when you're

waiting for something

Example: Waiting for the test results feels like a watched

pot that never boils.

Raining cats and dogs

Meaning: Heavy rain

Example: We had to cancel our picnic because it started

raining cats and dogs.

Actions speak louder than words

Meaning: What someone does is more important than

what they say

Example: He keeps promising to help, but actions speak

louder than words; he never actually does

anything.

Donkey's years

Meaning: A very long time

Example: I haven't seen her in donkey's years.

It's a piece of cake

Meaning: Something very easy to do

Example: Don't worry; the exam will be a piece of cake if

you study.

In hot water

Meaning: In trouble or facing difficulties

Example: He found himself in hot water after forgetting his

wife's birthday.

Like a bull in a china shop

Meaning: Clumsy or reckless behavior

Example: He stormed into the meeting like a bull in a china

shop, upsetting everyone.

Raining buckets

Meaning: Heavy rain

Example: I'll be late; it's raining buckets outside.

The straw that broke the camel's back

Meaning: The final problem that makes a situation unbearable

Example: Missing the bus was just the straw that broke the

camel's back after a long day.

Walking on eggshells

Meaning: Being very cautious to avoid upsetting someone

Example: Ever since their argument, they've been walking

on eggshells around each other.

You can't make an omelet without breaking eggs

Meaning: Achieving something requires taking risks or

making sacrifices

Example: Starting a new business is risky, but you can't

make an omelet without breaking eggs.

Behind the eight ball

Meaning: In a difficult or disadvantaged position

Example: After missing so many classes, he's really behind

the eight ball in that course.

Birds of a feather flock together

Meaning: People with similar interests or characteristics

tend to associate with each other

Example: It's no surprise they're best friends; birds of a

feather flock together.

Hitting the books

Meaning: Studying intensively

Example: I'll be hitting the books all weekend to prepare for

the exam.

Hitting the books

Meaning: Making hasty judgments without all the facts

Example: She saw him talking to another woman and

immediately started jumping to conclusions.

The pot calling the kettle black

Meaning: Criticizing someone for a fault you also have

Example: She called him lazy, but that's the pot calling the

kettle black.

Put all your eggs in one basket

Meaning: To invest everything in a single venture

Example: It's risky to put all your eggs in one basket by

relying solely on one source of income.

Read between the lines

Meaning: To understand a deeper or hidden meaning

Example: His message was cryptic, and I had to read

between the lines to figure out what he meant.

Stab someone in the back

Meaning: To betray someone

Example: I can't believe he stabbed me in the back by

spreading those rumor

THANK YOU

