



**ENTRI**

# OET

## STUDY MATERIAL

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**WRITING**

## OET NURSING: WRITING TASK-1

### Occupational English Test

**WRITING SUB-TEST: NURSING**  
**TIME ALLOWED: READING TIME: 5 MINUTES**  
**WRITING TIME: 40 MINUTES**

Read the case notes and complete the writing task which follows.

#### **Notes:**

Mr David Lee is a 36-year-old patient on the medical ward of Southwest Hospital. You are the Charge Nurse.

#### **PATIENT DETAILS:**

**Name:** David Lee (Mr)

**DOB:** 25/01/1986

**Marital status:** Single

**Admission date:** 15 August 2022

**Discharge date:** 2 September 2022

**Social background:** Software engineer  
Married to Lisa Lee  
Two children (ages 6 and 4)  
Lives in a suburban house

**Diagnosis:** Type 2 diabetes

**Chief complaints:** Frequent urination, increased thirst, blurred vision, fatigue, tingling sensation in hands and feet.

**Tests done:** Oral glucose tolerance test (OGTT): Type 2 diabetes confirmed on this test. This test measures the blood glucose level (FBG) after fasting for at least 8 hours and then 2 hours after drinking a sugary drink (2hBG).  
Result: FBG 9.6 mmol/L, 2hBG 15.4 mmol/L

**Treatment given:** Metformin 500 mg twice daily before meals.  
Insulin glargine 10 units once daily at bedtime.  
Dietary and lifestyle modifications.

**Complications:** An episode of low blood sugar (3.4 mmol/L) on 20th August 2022: Dizziness, sweating, confusion, headache, hunger. Treated with glucose tablets and juice.

**Medical history:** High cholesterol (2017)  
Obesity (BMI 32)  
Smoker (10 cigarettes per day)

**Family history:** Type 2 diabetes (mother)

**Progress:** No more frequent urination and blurred vision.  
Thirst and fatigue have reduced.  
Tingling sensation in hands and feet still present.  
Blood glucose levels have improved. At discharge: FBG 6.7 mmol/L, 2hBG of 8.4 mmol/L

**Discharge Plan:** Prescription and insulin to continue as prescribed.  
Quit smoking.  
See an endocrinologist for further diabetes management and assessment of any complications he may develop from diabetes.

### **Writing Task:**

Using the information given in the case notes, as a charge nurse of Southwest Hospital, write a referral letter to Dr Scott F Moore, Endocrinologist of the Summer Breeze Hospital, 1204 Lakeside Drive, Queensland, Australia, for further evaluation of Mr David Lee.

#### **In your answer:**

- **Expand the relevant notes into complete sentences.**
- **Do not use note form.**
- **Use letter format.**

**The body of the letter should be approximately 180-200 words.**

## SAMPLE LETTER

Dr Scott F Moore  
Endocrinologist  
Summer Breeze Hospital  
1204 Lakeside Drive  
Queensland Australia

2 September 2022

Dear Dr Moore,

Re: Mr David Lee  
DOB: 25/01/1986

Thank you for seeing Mr David Lee, who needs further evaluation of his type 2 diabetes.

Mr Lee was admitted to medical ward on 15 August with complaints of frequent urination, increased thirst, blurred vision, fatigue and tingling sensation in his hands and feet. He was diagnosed with type 2 diabetes by an oral glucose tolerance test that showed a fasting blood glucose (FBG) level of 9.6 mmol/L and a 2-hour blood glucose (2hBG) level of 15.4 mmol/L.

During his stay, Mr Lee was initiated on metformin 500mg twice daily before meals and insulin glargine 10 units once daily at bedtime. An isolated episode of hypoglycaemia (3.4 mmol/L) occurred on 20 August, which was promptly managed with glucose tablets and juice. His blood glucose levels have improved, with a discharge FBG of 6.7 mmol/L and a 2hBG of 8.4 mmol/L.

Mr Lee's medical history includes hypercholesterolaemia and obesity, and he smokes 10 cigarettes per day. Notably, his mother has type 2 diabetes.

Mr Lee will be discharged today with prescriptions for metformin and insulin glargine. He has received education regarding dietary and lifestyle modifications, including smoking cessation.

Given our concerns regarding his diabetes management and potential complications, we kindly request an endocrinology assessment for Mr Lee.

Please contact me if you have any questions.

Yours sincerely,

Charge Nurse