



**ENTRI**

# OET

## STUDY MATERIAL

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**WRITING**

## OET NURSING: WRITING TASK-2

Read the case notes below and complete the writing task which follows:

### **Notes:**

You are a charge nurse in a suburban clinic. Mrs Curran is a new patient in your clinic.

#### **PATIENT DETAILS:**

**Name:** Mrs Briana Curran

**DOB:** 15/03/1965 (age 58)

**Social background:** Single, lives alone  
Works as a business analyst  
Sedentary lifestyle, rarely exercises  
Smokes occasionally, drinks moderately

**Family history:** Mother has Crohn's disease  
Father has hypertension

**Medical background:** Recurrent urinary tract infections  
2019: diagnosed with irritable bowel syndrome (IBS)  
Mild anxiety and insomnia

**Medication:** 2019: started antispasmodic (mebeverine)  
2020: started low-dose antidepressant (amitriptyline)

#### **01.07.23**

**Discussion:** Abdominal cramps and bloating – worsened over past 6 months  
Pt reports frequent episodes of diarrhoea and constipation  
Pt also complains of mouth ulcers

**Objective exam:** Full exam performed: No positive findings  
Wt: 58kg  
Budesonide 9 mg/day for 8wks  
Ordered stool test and CRP test  
Review 3 wks

#### **22.07.23**

No improvement in abdominal symptoms  
Pt's main concern is now weight loss and constant fatigue  
Wt ↓4kg since last appointment (now 54kg)  
New symptoms: rectal bleeding, fever, night sweats  
Abdomen tender and swollen on palpation  
Bowel sounds increased

**Pathology report:** Stool test positive for occult blood and calprotectin  
CRP 25 mg/L (high)

**Discussion:** Discussion of examination findings and stool results with Pt

**Assessment:** ?Crohn's disease – patient aware of possibility

**Plan:** Urgent referral to gastroenterologist for assessment and colonoscopy

**Writing Task:**

Using the information given in the case notes, write a letter of referral to Dr Jones, a gastroenterologist at Royal Oak Hospital, for assessment of Mrs Curran. Address the letter to Dr Laura Jones, Gastroenterologist, Royal Oak Hospital, 123 Oak Street, London, SW1A 1AA, UK.



## SAMPLE LETTER

Dr Laura Jones  
Gastroenterologist  
Royal Oak Hospital  
123 Oak Street  
London  
SW1A 1AA  
UK

22.07.2023

Dear Dr Jones,

Re: Mrs Briana Curran  
DOB: 15.03.1965

I am writing to request your urgent attention for Mrs Curran, who presents with signs and symptoms suggestive of Crohn's disease.

Mrs Curran has also lost 4kg in weight over the last three weeks and has persistent fatigue. Her abdomen is tender and distended on palpation, with increased bowel sounds. Her stool test was positive for occult blood and calprotectin, and her CRP was 25 mg/L (elevated).

Mrs Curran initially presented to clinic on 01.07.2023 with a six-month history of abdominal cramps and bloating, and frequent episodes of diarrhoea, constipation and mouth ulcers. She was prescribed budesonide 9 mg for 8 weeks and asked to return in three weeks. Today she reports having developed rectal bleeding, fever and night sweats. Her abdominal symptoms have not improved.

Notably, Mrs Curran has a positive family history of Crohn's disease in her mother. She was diagnosed with irritable bowel syndrome in 2019 and is taking mebeverine as an antispasmodic. She leads a sedentary lifestyle, smokes occasionally and drinks moderately.

I would be grateful if you could see Mrs Curran at your earliest convenience for an assessment and colonoscopy as I am concerned about the possibility of Crohn's disease. I have discussed this possibility with Mrs Curran.

Please do not hesitate to contact me if you have any queries.

Yours sincerely,

Charge Nurse