



ENTRI

OET

STUDY MATERIAL

WRITING

OET NURSING: WRITING TASK-3

Read the case notes and complete the writing task which follows.

Notes:

Imagine that today's date is 26 June 2023.

You are a Community Nurse who is in charge of Ms Lilly Yarwood.

PATIENT DETAILS:

Name: Ms Lily Yarwood

Age: 74 years

Social background: Retired baker
Lives alone in a small cottage
Marital status: widow for 5 yrs
Relatives: son and daughter – live far away in different cities – visit once in a month
Hobbies: Gardening, knitting, reading

Medical history: H/o hypertension (HTN) for 10 years, on ramipril 5mg daily.

Medical background: Fell in the garden when she was alone on 18 June 2023
Abrasion to right knee, knee is infected
Given antibiotic (flucloxacillin 500mg x4 days) for infected knee abrasion by GP on 19 June
GP advised home visits for daily dressing and monitoring of infection

Home visits: 21 June 2023
Visited for daily dressing of right knee wound
Patient showed confusion and disorientation
Unable to recognise you and others (asked, Who are you? Where is my husband?)
Wore night clothes in the mid afternoon
Taken ramipril and antibiotic on time according to pill box

23 June 2023

Patient still showing confusion and forgetfulness

Room untidy and cluttered with newspapers and magazines

Medicines taken on time according to pill box

Discovered mild bedsores on sacrum and UTI for which she had been under treatment earlier

Medicines administered for both (over-the-counter meds)

Neatly dressed the bedsores

Today (26 June 2023)

Showing increased confusion and agitation

Disoriented to time and place, but apparently understands who you are

Neighbours reported: Seen in street after you left

Showed unusual behaviour, signs of memory loss and poor judgement

Antibiotics ignored (6 tabs were found on the table when it was to be only 2)

Social detachment and mood swings

Room tidy

Mother had Alzheimer's disease (this information was found from patient's diary dated 30 December 2001)

Assessment:

(?) Dementia

Plan:

GP to further investigate and make a definitive diagnosis.

Writing Task:

Using the information in the case notes, write a letter to Ms Yarwood's GP, Dr Jake Palemo, in Brisbane, Australia 3001, reporting the above-mentioned conditions and requesting further investigation and treatment. Enclose the list of the medicines administered for UTI and bedsores.

SAMPLE LETTER

Dr Jake Palemo
Brisbane
Australia 3001

26 June 2023

Dear Dr Palemo,

Re: Ms Lily Yarwood, aged 74

I am writing regarding your patient, Ms Lily Yarwood, who has been noticed to have some concerning changes in her behaviour that indicate a possible diagnosis of dementia and require further investigation.

On 21 June, I visited Ms Yarwood for the daily dressing of her knee abrasion and found her confused and unable to recognise me or others. She was also inappropriately dressed in night clothes in the mid-afternoon. Her condition did not improve, and on 23 June, I observed that her room was untidy, and she showed persistent confusion. She also had mild bedsores and a urinary tract infection (UTI), for which she had been receiving treatment. Over-the-counter medications were administered, and she was neatly dressed.

Today, her condition has deteriorated. She is disoriented to time and place, but she recognises me. Neighbours reported that she wandered in the street and displayed unusual behaviour and memory loss. She neglected to take her antibiotics, and her social withdrawal and mood swings have worsened. Additionally, her diary revealed that her mother had Alzheimer's disease.

Ms Yarwood requires a comprehensive assessment to make a definitive diagnosis. I have enclosed a list of the medications that I have given her for her UTI and bedsores.

Please contact me with any queries.

Yours sincerely,

Community Nurse