

# OCCUPATIONAL ENGLISH TEST

**WRITING SUB-TEST: NURSING**

**SAMPLE RESPONSE: LETTER OF DISCHARGE**

Ms Jane Rudik  
Community Nurse  
Newtown Community Health Centre  
Newtown

15 July 2017

Dear Ms Rudik,

Re: Ms Mary Bell

Ms Bell has been an inpatient at Newtown Community Hospital for the past three weeks.

Ms Bell was admitted for stabilisation of her non-insulin dependent diabetes mellitus, for which she has been treated with oral anti-hyperglycaemic agents (glibenclamide 5mg daily; metformin 850mg t.d.s.) for the past 15 years. She has also developed a small ulcer on her left foot, which has responded to antibiotic therapy (Augmentin Duo Forte) and daily saline dressings. She will require ongoing management and monitoring of the wound for complications.

Ms Bell retired from a managerial position at the end of 2016, and has not found it easy to establish a new routine in her retirement. She would benefit from your help in monitoring her medication, blood sugars, alcohol intake and diet. It might also help to introduce her to some ways of expanding her social activities and engaging in some moderate exercise. As her income has decreased since her retirement, she might be encouraged to undertake some income-producing activity. A referral to the community social worker service may be of benefit.

I am sure that you will be able to help her establish an ongoing plan for a healthier and more productive lifestyle for her retirement.

Your sincerely,

Nurse

