

National Cancer Awareness Day Quiz

1. **When is National Cancer Awareness Day observed in India?**

- ☐ a) November 7
- ☐ b) February 4
- ☐ c) October 10
- ☐ d) December 1

(Answer: a) November 7)

2. **National Cancer Awareness Day in India is observed to commemorate whose birth anniversary?**

- ☐ a) Dr. B. R. Ambedkar
- ☐ b) Marie Curie
- ☐ c) Dr. Har Gobind Khorana
- ☐ d) Madame Curie

(Answer: d) Madame Curie)

3. **Who introduced National Cancer Awareness Day in India?**

- ☐ a) Dr. Harsh Vardhan
- ☐ b) Dr. Manmohan Singh
- ☐ c) Indira Gandhi
- ☐ d) Rajiv Gandhi

(Answer: a) Dr. Harsh Vardhan)

4. **In which year was National Cancer Awareness Day first observed in India?**

- ☐ a) 2012
- ☐ b) 2014
- ☐ c) 2016
- ☐ d) 2018

(Answer: b) 2014)

5. **Which organization observes World Cancer Day globally?**

- ☐ a) WHO
- ☐ b) UNESCO
- ☐ c) UNICEF
- ☐ d) UNDP

(Answer: a) WHO)

6. **What is the main purpose of National Cancer Awareness Day?**

- ☐ a) To promote cancer awareness and early detection
- ☐ b) To celebrate cancer survivors

- ☐ c) To raise funds for cancer research
 - ☐ d) To provide cancer treatment for free
- (Answer: a) To promote cancer awareness and early detection)

7. Which type of cancer is most common in India?

- ☐ a) Lung cancer
 - ☐ b) Breast cancer
 - ☐ c) Skin cancer
 - ☐ d) Brain cancer
- (Answer: b) Breast cancer)

8. Which test is commonly used for early detection of cervical cancer?

- ☐ a) ECG
 - ☐ b) Pap smear test
 - ☐ c) X-ray
 - ☐ d) MRI scan
- (Answer: b) Pap smear test)

9. What lifestyle habit is the leading cause of lung cancer?

- ☐ a) Smoking
 - ☐ b) Alcohol consumption
 - ☐ c) Lack of exercise
 - ☐ d) High sugar intake
- (Answer: a) Smoking)

10. Which vitamin is believed to help reduce cancer risk due to its antioxidant properties?

- ☐ a) Vitamin A
 - ☐ b) Vitamin C
 - ☐ c) Vitamin D
 - ☐ d) Vitamin E
- (Answer: b) Vitamin C)

11. Which day is observed globally as World Cancer Day?

- ☐ a) February 4
 - ☐ b) November 7
 - ☐ c) March 8
 - ☐ d) April 15
- (Answer: a) February 4)

12. Which government initiative in India promotes cancer screening and prevention?

- ☐ a) Ayushman Bharat
- ☐ b) National Programme for Prevention and Control of Cancer, Diabetes, CVD and Stroke

- o c) Fit India Movement
- o d) Swachh Bharat Mission

(Answer: b) National Programme for Prevention and Control of Cancer, Diabetes, CVD and Stroke)

13. Which cancer is associated with the use of tobacco products?

- o a) Skin cancer
- o b) Oral cancer
- o c) Breast cancer
- o d) Liver cancer

(Answer: b) Oral cancer)

14. Which diagnostic method is often used for detecting breast cancer?

- o a) Mammogram
- o b) Ultrasound
- o c) Blood test
- o d) CT scan

(Answer: a) Mammogram)

15. What is the best way to reduce cancer risk according to health experts?

- o a) Regular screening and a healthy lifestyle
- o b) Avoiding all medicines
- o c) Eating more processed food
- o d) Reducing water intake

(Answer: a) Regular screening and a healthy lifestyle)