

National Student-Athlete Day 2025 Quiz

1. When is National Student-Athlete Day celebrated?
 - ☐ a) March 6
 - ☐ b) April 6
 - ☐ c) May 6
 - ☐ d) February 6**(Answer: b) April 6**
2. Who founded National Student-Athlete Day?
 - ☐ a) NCAA
 - ☐ b) Institute for Sport & Social Justice
 - ☐ c) National Consortium for Academics and Sports (NCAS)
 - ☐ d) United States Olympic Committee**(Answer: c) National Consortium for Academics and Sports (NCAS)**
3. In what year was National Student-Athlete Day first observed?
 - ☐ a) 1990
 - ☐ b) 2000
 - ☐ c) 1987
 - ☐ d) 1995**(Answer: c) 1987**
4. What is the minimum GPA required for a student-athlete to qualify for recognition on this day?
 - ☐ a) 2.5
 - ☐ b) 2.8
 - ☐ c) 3.0
 - ☐ d) 3.5**(Answer: c) 3.0**
5. Which organization currently leads the observance of National Student-Athlete Day?
 - ☐ a) NCAA
 - ☐ b) Institute for Sport & Social Justice
 - ☐ c) United States Department of Education
 - ☐ d) National Federation of High Schools**(Answer: b) Institute for Sport & Social Justice**
6. How many student-athletes are there approximately in the United States?
 - ☐ a) 5 million
 - ☐ b) 6 million

☐ c) 7 million

☐ d) 8 million

(Answer: d) 8 million

7. What percentage of student-athletes typically advance to play at the college level?

☐ a) 10%

☐ b) 20%

☐ c) 50%

☐ d) 5%

(Answer: c) 50%

8. What is the name of the award given to student-athletes and coaches who overcome adversity and inspire others?

☐ a) Student Impact Award

☐ b) Courage in Sports Award

☐ c) Giant Steps Award

☐ d) Athlete Achievement Award

(Answer: c) Giant Steps Award

9. What is one way schools often celebrate National Student-Athlete Day?

☐ a) Public holiday

☐ b) Award ceremonies and wristbands

☐ c) Mandatory fitness testing

☐ d) Class-free day

(Answer: b) Award ceremonies and wristbands

10. What colors are the official silicone wristbands for the day?

☐ a) Red and white

☐ b) Silver and black

☐ c) Blue and yellow

☐ d) Green and gold

(Answer: b) Silver and black

11. What hashtag is commonly used to celebrate National Student-Athlete Day on social media?

☐ a) #AthleteDay

☐ b) #StudentPower

☐ c) #NationalStudentAthleteDay

☐ d) #AthleteGoals

(Answer: c) #NationalStudentAthleteDay

12. Which of the following is NOT typically a requirement for being honored on this day?

☐ a) High academic performance

☐ b) Professional sports contract

- o c) Community involvement
- o d) Participation in school sports

(Answer: b) Professional sports contract

13. Which of these sports is NOT usually associated with student-athlete recognition?

- o a) Football
- o b) Swimming
- o c) Chess
- o d) Track and Field

(Answer: c) Chess

14. What is one of the main goals of National Student-Athlete Day?

- o a) Promote physical education only
- o b) Celebrate athletic accomplishments only
- o c) Honor students who balance academics, sports, and community service
- o d) Encourage competitive sports only

(Answer: c) Honor students who balance academics, sports, and community service

15. How can a student-athlete inspire others on this day?

- o a) Focus solely on winning
- o b) Skip class to rest
- o c) Share their story and mentor peers
- o d) Host a private training session

(Answer: c) Share their story and mentor peers