

World Coconut Day Quiz

1. When is World Coconut Day celebrated?

- ☐ a) September 2
- ☐ b) August 2
- ☐ c) October 2
- ☐ d) July 2

(Answer: a) September 2)

2. Which organization established World Coconut Day?

- ☐ a) Food and Agriculture Organization (FAO)
- ☐ b) International Coconut Community (ICC)
- ☐ c) World Health Organization (WHO)
- ☐ d) United Nations (UN)

(Answer: b) International Coconut Community (ICC))

3. In which year was World Coconut Day first celebrated?

- ☐ a) 2005
- ☐ b) 2007
- ☐ c) 2009
- ☐ d) 2010

(Answer: b) 2009)

4. Which country is the largest producer of coconuts?

- ☐ a) Indonesia
- ☐ b) Philippines
- ☐ c) India
- ☐ d) Brazil

(Answer: a) Indonesia)

5. Coconut is popularly known as the "Tree of ____."

- ☐ a) Water
- ☐ b) Wealth
- ☐ c) Life
- ☐ d) Health

(Answer: c) Life)

6. Which Indian state is the leading producer of coconuts?

- ☐ a) Kerala
- ☐ b) Tamil Nadu
- ☐ c) Karnataka

o d) Andhra Pradesh
(Answer: a) Kerala)

7. What is the main edible part of the coconut called?

- o a) Shell
- o b) Husk
- o c) Kernel
- o d) Fiber

(Answer: c) Kernel)

8. Which nutrient is coconut water especially rich in?

- o a) Vitamin C
- o b) Potassium
- o c) Iron
- o d) Protein

(Answer: b) Potassium)

9. What is dried coconut kernel called?

- o a) Coir
- o b) Copra
- o c) Husk
- o d) Shell

(Answer: b) Copra)

10. Which part of the coconut is used to make coir products?

- o a) Shell
- o b) Husk
- o c) Kernel
- o d) Water

(Answer: b) Husk)

11. Which Southeast Asian country is famous for coconut-based dishes and desserts?

- o a) Thailand
- o b) Japan
- o c) China
- o d) Korea

(Answer: a) Thailand)

12. Which oil is extracted from the coconut kernel?

- o a) Mustard oil
- o b) Sunflower oil
- o c) Coconut oil
- o d) Olive oil

(Answer: c) Coconut oil)

13. What is the scientific name of the coconut tree?

- ☐ a) Cocos nucifera
- ☐ b) Phoenix dactylifera
- ☐ c) Musa acuminata
- ☐ d) Areca catechu

(Answer: a) Cocos nucifera)

14. Which beverage is often prepared using tender coconut water?

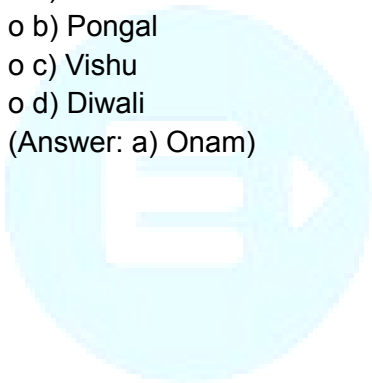
- ☐ a) Lemonade
- ☐ b) Smoothies
- ☐ c) Mocktails
- ☐ d) All of the above

(Answer: d) All of the above)

15. Which traditional festival in Kerala uses coconuts widely in rituals and offerings?

- ☐ a) Onam
- ☐ b) Pongal
- ☐ c) Vishu
- ☐ d) Diwali

(Answer: a) Onam)



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