

World Vegan Day Quiz

1. When is World Vegan Day celebrated?

- ☐ a) November 1
- ☐ b) October 1
- ☐ c) December 1
- ☐ d) September 1

(Answer: a) November 1)

2. Which organization founded World Vegan Day?

- ☐ a) World Health Organization
- ☐ b) The Vegan Society
- ☐ c) PETA
- ☐ d) UNESCO

(Answer: b) The Vegan Society)

3. In which year was World Vegan Day first celebrated?

- ☐ a) 1944
- ☐ b) 1975
- ☐ c) 1994
- ☐ d) 2000

(Answer: c) 1994)

4. Which country is home to The Vegan Society?

- ☐ a) United States
- ☐ b) Australia
- ☐ c) India
- ☐ d) United Kingdom

(Answer: d) United Kingdom)

5. What does the term 'vegan' primarily exclude?

- ☐ a) Fruits
- ☐ b) Dairy products
- ☐ c) Cereals
- ☐ d) Vegetables

(Answer: b) Dairy products)

6. World Vegan Day promotes awareness about which lifestyle choice?

- ☐ a) Zero-waste living
- ☐ b) Plant-based living
- ☐ c) Digital detox

☐ d) Minimalism
(Answer: b) Plant-based living)

7. Which of the following foods is NOT vegan?

- ☐ a) Almond milk
 - ☐ b) Lentils
 - ☐ c) Honey
 - ☐ d) Quinoa
- (Answer: c) Honey)

8. Which vitamin is commonly supplemented by vegans?

- ☐ a) Vitamin A
 - ☐ b) Vitamin B12
 - ☐ c) Vitamin C
 - ☐ d) Vitamin K
- (Answer: b) Vitamin B12)

9. Which term refers to avoiding all forms of animal exploitation?

- ☐ a) Flexitarianism
 - ☐ b) Vegetarianism
 - ☐ c) Veganism
 - ☐ d) Pescetarianism
- (Answer: c) Veganism)

10. Which plant-based food is a major source of protein for vegans?

- ☐ a) Tofu
 - ☐ b) Sugar
 - ☐ c) Coffee
 - ☐ d) Salt
- (Answer: a) Tofu)

11. Which country has one of the largest vegan populations?

- ☐ a) India
 - ☐ b) Japan
 - ☐ c) France
 - ☐ d) Brazil
- (Answer: a) India)

12. What is the main environmental benefit of veganism?

- ☐ a) Increased water pollution
- ☐ b) Reduced carbon footprint
- ☐ c) Higher energy use
- ☐ d) More deforestation

(Answer: b) Reduced carbon footprint)

13. Which festival often aligns with celebrations of vegan culture?

- ☐ a) Diwali
- ☐ b) Vegan Month
- ☐ c) Earth Day
- ☐ d) World Health Day

(Answer: b) Vegan Month)

14. Which of these materials is NOT considered vegan?

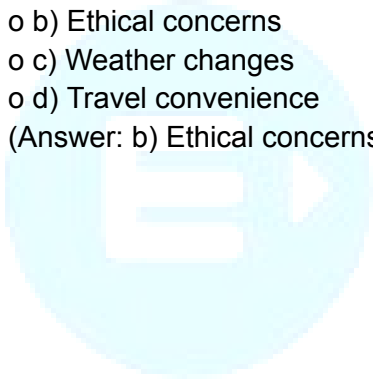
- ☐ a) Cotton
- ☐ b) Leather
- ☐ c) Linen
- ☐ d) Bamboo fabric

(Answer: b) Leather)

15. What is a common reason people choose veganism?

- ☐ a) Fashion trends
- ☐ b) Ethical concerns
- ☐ c) Weather changes
- ☐ d) Travel convenience

(Answer: b) Ethical concerns)



ENTRI