PROVISIONAL ANSWER KEY

Question Paper Code: 69/2016/OL Category Code: 051/2016

Exam: Staff Nurse Grade II Ayurvedha

Medium of Question: English
Date of Test 05-09-2016

Alphacode

Question1:-Editor of Daily Madras standard

A:-G.P. Pillai B:-Annie Besant C:-B.P. Wadia

D:-G. Subrahmania Ayyer Correct Answer:- Option-A

Question2:-Keralopakari was published

A:-1874 B:-1910 C:-1847

D:-1879

Correct Answer:- Option-C

Question3:-The article Smaranamadhuri was written by

A:-P. Kunhiraman Nayar

B:-Kumaransan

C:-Ulloor

D:-O. Chandu Menon Correct Answer:- Option-C

Question4:-The Problem of the Rupee: Origin and Solution is a work of

A:-Bimal Jalan

B:-Raghuram G. Rajan C:-Dada Bhai Naoroji D:-B.R. Ambedkar

Correct Answer:- Option-D

Question5:-The Objective Resolution was moved by Nehru on

A:-9th December 1946 B:-13th December 1946 C:-29th December 1947 D:-22nd July 1947

Correct Answer:- Option-B

Question6:-Who wrote the poem Keralam?

A:-Swami Ananda Theertham

B:-Kodungallur Kunjukkuttan Thampuran

C:-K. Kelappan D:-A.K. Gopalan

Correct Answer:- Option-B

Question7:-Mariyamma Nadakam

A:-S.K. Pottakkad B:-M.C. Joseph

C:-Kandathil Varghese Mappila

D:-Kocheeppan Tharakan Correct Answer:- Option-D

Question8:-Name the leader of Samyuktha Rashtreeya Sabha Agitation

A:-K. Kelappan B:-N.V. Joseph

C:-Vakkam Abdul Khadar Moulavi

D:-T.K. Madhavan

Correct Answer:- Option-B

Question9:-The first women member in the Kochin Legislative assembly

A:-Thotaykat Madhavi Amma

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B:-Akkamma Cheriyan
     C:-Mary Punnan Loukose
    D:-Ammu Swaminath
     Correct Answer:- Option-A
Question 10:-Which article of Indian constitution provisions the joint session of the Parliament?
    A:-Article 226
    B:-Article 284
    C:-Article 368
    D:-Article 108
    Correct Answer:- Option-D
Question11:-Lakkadavala Committee is related to
    A:-Durand Line
    B:-Poverty Line
    C:-Share Market
    D:-Globalisation
    Correct Answer:- Option-B
Question12:-In which year Tamilnadu Introduced the Right to Information Act?
    A:-2005
    B:-2002
    C:-2000
    D:-1996
     Correct Answer:- Option-D
Question13:-The National Rural Employment Guarantee Scheme introduced in Kerala.
    A:-Palakkad
    B:-Malappuram
    C:-Kannur
    D:-Wyanad
    Correct Answer:- Option-D
Question14:-The author of the book Speaker Rules
    A:-P.D.T. Achari
    B:-Somanatha Chatterji
    C:-Vakkom Purushothaman
    D:-A.C. Jose
     Correct Answer:- Option-A
Question15:-Father of Indian Library Science
    A:-S.R. Ranganathan
    B:-Rabindranath Tagore
    C:-Acharya Rama Moorthy
     D:-C.V. Raman
     Correct Answer:- Option-A
Question16:-Article 371(i) a special provision is given to the state of
    A:-Arunachal Pradesh
    B:-Sikkim
    C:-Goa
    D:-Mizoram
    Correct Answer:- Option-C
Question17:-Sandishtavati was published in
    A:-1864
    B:-1860
    C:-1867
    D:-1848
     Correct Answer:- Option-C
Question18:-Kalyanadayini Sabha
    A:-Sahodaran Ayyappan
    B:-Pandit Karuppan
    C:-K.P. Vallon
    D:-Kumara Guru Devan
     Correct Answer:- Option-B
Question19:-In which year Lokamanyan was published?
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A:-1920 B:-1921 C:-1915 D:-1928 Correct Answer: - Option-A Question20:-Which district of Kerala started the Mobile Court? A:-Calicut B:-Thiruvananthapuram C:-Ernakulam D:-Kannur Correct Answer:- Option-B Question21:-International nurses day is observed on A:-January 11 B:-March 8 C:-July 1 D:-May 12 Correct Answer:- Option-D Question22:-Which among the following is not regarded as a vital sign? A:-Temperature B:-Pulse C:-Respiration D:-None of the above Correct Answer:- Option-D Question23:-Which among the following is an instrument used for measuring specific gravity of urine? A:-Urometer B:-Urinometer C:-Spirometer D:-None of the above Correct Answer:- Option-B Question24:-Name the test for detection of urine sugar A:-Benedict's test B:-Hay's test C:-Rothera's test D:-Benzidine test Correct Answer:- Option-A Question25:-Nasal feeding may be indicated in A:-Unconscious patients B:-Mental patients C:-Premature babies D:-All of the above Correct Answer:- Option-D Question26:-Stiffening of the body after death is called A:-Livor mortis B:-Algor mortis C:-Rigor mortis D:-None of the above Correct Answer:- Option-C Question27:-The smallest bone in the body is A:-Stapes B:-Patella C:-Sesamoid D:-Hyoid Correct Answer:- Option-A Question28:-Average time duration for placing the clinical thermometer for recording body temperature orally A:-<1 mt B:-2-4 mts C:-<5 mts D:-2-3 mts Correct Answer:- Option-D

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Question29:-Which among the following is the last sense to leave the dying body?
    A:-Vision
    B:-Audition
    C:-Gestation
    D:-Olfaction
    Correct Answer:- Option-B
Question30:-Normal ESR value by Westergren's method in males
    A:-3-7 mm in 1 hr
    B:-0-5 mm in 1 hr
    C:-5-10 mm in 1 hr
    D:-None of the above
    Correct Answer:- Option-A
Question31:-Most common complication in the usage of IUCD is
    A:-Menorrhagia
    B:-Ectopic pregnancy
    C:-Vaginal infections
    D:-Uterine perforation
    Correct Answer:- Option-A
Question32:-Which among the following does not belong to Ashtanga yoga?
    A:-Asana
    B:-Samadhi
    C:-Pratyahara
    D:-None of the above
    Correct Answer:- Option-D
Question33:-Which among the following is known as the "King of Asanas"?
    A:-Suryanamaskara
    B:-Shirshasana
    C:-Vajrasana
    D:-Sarvangasana
    Correct Answer:- Option-B
Question34:-The proportion of dravya and drava in the mantha as per Sarngadhara
    A:-1:4
    B:-1:6
    C:-1:10
    D:-1:16
    Correct Answer:- Option-A
Question35:-Generally the Kriyakarma, 'Tala' is done for a time period of
    A:-30 mts
    B:-45 mts
    C:-1-2 hrs
    D:-2-3 hrs
    Correct Answer:- Option-C
Question36:-All among the following food substances are advised to be taken as dally routine except
    A:-Saindava
    B:-Sarpi
    C:-Matsya
    D:-Madhu
    Correct Answer:- Option-C
Question37:-The disease declared as eradicated by WHO is
    A:-small pox
    B:-whooping cough
    C:-diphtheria
    D:-none of the above
    Correct Answer:- Option-A
Question38:-Which among the following vaccination is given to the new born baby at the time of birth?
    A:-BCG
    B:-DPT
    C:-OPV
    D:-Both (1) and (3)
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Correct Answer:- Option-D Question39:-Which among the following is the laboratory test done for the detection of AIDS? A:-ELISA test B:-Western blot C:-Mantoux test D:-Both (1) and (2) Correct Answer:- Option-D Question40:-Chicken pox is caused by A:-Varicella virus B:-Variola virus C:-Myxo virus D:-None of the above Correct Answer:- Option-A Question41:-Which among the following disease is caused by a virus? A:-Dysentry B:-Typhoid C:-Polio D:-None of the above Correct Answer:- Option-C Question42:-Which among the following is the first National Health Programme launched? A:-National Anti malaria programme B:-National Leprosy Eradication Programme C:-National filarial control programme D:-None of the above Correct Answer:- Option-A Question43:-Sabin vaccine is given in the immunization of B:-Diphtheria C:-Measles D:-None of the above Correct Answer:- Option-A Question44:-Which of the following is a fungal disease? A:-Candidiasis B:-Ascariasis C:-Leptospirosis D:-None of the above Correct Answer:- Option-A Question45:-Which among the following is not a 'barrier method' in family planning? A:-Vaginal sponge B:-Vaginal diaphragm C:-Condom D:-None of the above Correct Answer:- Option-D Question46:-Disinfectant action of sunlight is due to A:-Heating effect B:-Infra red rays C:-Ultra violet rays D:-All of the above Correct Answer:- Option-C Question47:-All of the following are live vaccines except A:-BCG B:-OPV C:-Measles D:-None of the above Correct Answer:- Option-D Question48:-New vaccine which has been included in WHO immunization schedule A:-HBV B:-Measles vaccine C:-OPV

D:-TT
Correct Answer:- Option-A
Question49:-Types of rasayana prayoga mentioned by Vagbhata
A:-1
B:-2
C:-3
D:-4
Correct Answer:- Option-B
Question50:-Lasuna rasayana prayoga is contraindicated in
A:-Pitha avaranam
B:-Raktha avarana
C:-Sudha vata
D:-Both (1) and (2)
Correct Answer:- Option-D
Question51:-Number of pulmonary veins is
A:-2
B:-4
C:-5
D:-6
Correct Answer:- Option-B
Question52:-Pacemaker of the heart is
A:-Bundle of His
B:-Purkinje fibres
C:-SA node
D:-AV node
Correct Answer:- Option-C
Question53:-Nasya is indicated in morning during
A:-Sarat
B:-Greeshmam
C:-Vasantham
D:-Both (1) and (3) Correct Answer:- Option-D
Question54:-Urine is yellow due to the presence of pigment. A:-Urochrome
B:-Bile pigment
C:-Urochromogen
D:-None of the above
Correct Answer:- Option-A
Question55:-Centre in the brain which regulates respiration and cardlo vascular activities
A:-Cerebral cortex
B:-Cerebellum
C:-Pons
D:-Medulla oblongata
Correct Answer:- Option-D
Question56:-Maintenance of posture and equilibrium is the function of
A:-Cerebellum
B:-Cerebrum
C:-Medulla oblongata
D:-Pons
Correct Answer:- Option-A
Question57:-Adhishtana for swasa roga as per Vaghbata is
A:-Amasaya
B:-Yakrit
C:-Phuphusa
D:-Pleeha
Correct Answer:- Option-A
Question58:-Embedded in the eyelids are
A:-Meibomian glands
B:-Lacrimal glands

D:-Ceruminous glands
Correct Answer:- Option-A
Question59:-Maximum limit up to which rakta can be expelled in raktamosha
A:-1 Anjali
B:-1 Pala
C:-1 Prastha
D:-1 Kutava
Correct Answer:- Option-C
Question60:-All panchakarmas are contra indicated in
A:-Hridroga
B:-Krisha
C:-Vridha
D:-Ajeerna
Correct Answer:- Option-D
Question61:-Proper functioning of Indriyas is under the control of
A:-Vata dosha
B:-Pitha dosha
C:-Kapha dosha
D:-Tridosha
Correct Answer:- Option-A
Question62:-The food which is given for doshotklesha before vamana
A:-Tila
B:-Masha
C:-Matsya
D:-All of the above
Correct Answer:- Option-D
Question63:-The anti insulin hormone is
A:-Adrenaline
B:-Vasopressin
C:-Oxytocin
D:-Glucagon
Correct Answer:- Option-D
Question64:-After panchakarma, 'parihara kala' is times to the time taken for panchakarma
A:-equal time
B:-three
C:-two
D:-four
Correct Answer:- Option-C
Question65:-The most powerful fat digesting enzyme in the body
A:-Pancreatic lipase
B:-Intestinal lipase
C:-Gastric lipase
D:-None of the above
Correct Answer:- Option-A
Question66:-Main utility of Chikitsa is
A:-Srodho sodhana
B:-Doshakshaya
C:-Mala sodhana
D:-Dhatu satmyata
Correct Answer:- Option-D
Question67:-Anuvasana can be given on day of virechana as per Charaka.
A:-10th
B:-9th
C:-8th
D:-7th
Correct Answer:- Option-B
Question68:-Among the pancha kashaya kalpana, most potential is
A:-Swarasa

C:-Sebaceous glands

B:-Kalka
C:-Srita
D:-Phanta
Correct Answer:- Option-A
Question69:-Snehavasthi is done at the end of the day in
A:-Sisira
B:-Vasantha
C:-Varsha
D:-None of the above
Correct Answer:- Option-C
Question70:-Quantity of drug in kashayavasthi
A:-24 pala
B:-20 pala
C:-26 pala
D:-30 pala
Correct Answer:- Option-A
Question71:-Vastidravya should be expelled out in snehavasthi within
A:-3 muhurtha
B:-2 yama
C:-3 yama
D:-None of the above
Correct Answer:- Option-C
Question72:-Snehapaka for abhyanga and vasthi as per Charaka are respectively
A:-Khara, madhyama
B:-Khara, mridu
C:-Mridu, khara
D:-None of the above
Correct Answer:- Option-B
Question73:-Alpasveda is indicated over
A:-Hridayam
B:-Drik
C:-Mushkam
D:-All of the above
Correct Answer:- Option-D
Question74:-In Krurakoshta, achapana is indicated for days.
A:-3
B:-5
C:-6
D:-7
Correct Answer:- Option-D
Question75:-Ghrita is given in pithaja vikaras at
A:-Night
B:-Day time
C:-Early morning
D:-None of the above
Correct Answer:- Option-A
Question76:-Abhyanga is contra indicated in
A:-Kaphagrastha
B:-After sodhana
C:-Ajeerna D:-All of the above
Correct Answer:- Option-D
Question77:-Maximum sareerabala is in
A:-Hemanta
B:-Sisira
C:-Vasantha
D:-Both (1) and (2)
Correct Answer:- Option-D
Question78:-The best samana oushadha for vatha

	A:-Gilla
	B:-Taila
	C:-Ksheera
	D:-Madhu
	Correct Answer:- Option-B
Que	stion79:-Which doshakopa causes teekshnagni?
	A:-Pitha
	B:-Vata
	C:-Kapha
	D:-Sannipatha
	Correct Answer:- Option-A
Que	stion80:-Type of snehapana indicated in visha
	A:-Sarpi
	B:-Vasa
	C:-Taila
	D:-None of the above
	Correct Answer:- Option-A
Que	stion81:-The time period mentioned for sirovasthi in swastha is matra
	A:-1000
	B:-500
	C:-800
	D:-600
	Correct Answer:- Option-A
Que	stion82:-Which of the following is indicated for Gandusha as dinacharya?
	A:-Taila
	B:-Madhu
	C:-Ksheera
	D:-None of the above
	Correct Answer:- Option-A
Que	stion83:-Oushadhakala for chardi
	A:-Samudga
	B:-Ananna
	C:-Annadi
	D:-Muhur-muhur
	Correct Answer:- Option-D
Que	stion84:-Which among the following is not a bahiparimarjana chikitsa?
	A:-Swedana
	B:-Parisheka
	C:-Abhyanga
	D:-None of the above
	Correct Answer:- Option-D
Que	stion85:-Which among the following is a type of anagnisweda?
	A:-Tapa
	B:-Upanaha
	C:-Drava
	D:-None of the above
_	Correct Answer:- Option-D
Que	stion86:-Marma-sandhi samasrita roga is
	A:-Yapya
	B:-Krichra sadhya
	C:-Anupakrama
	D:-Sukha sadhya
•	Correct Answer:- Option-A
Que	stion87:-Vamana is Indicated mainly in which doshakopa
	A:-Kapha
	B:-Vatha
	C:-Pitha
	D:-None of the above
	Correct Answer:- Option-A

Question88:-"Agrya Chikitsa" among the following is
A:-Vamana
B:-Virechana
C:-Vasthi
D:-None of the above
Correct Answer:- Option-C
Question89:-Yojana krama of dravya in niruha is
A:-Makshika, Lavana, Sneha, Kalka, Kwatha
B:-Lavana, Makshika, Kwatha, Kalka, Sneha
C:-Makshika, Lavana, Kalka, Kwatha, Sneha
D:-Kwatha, Kalka, Sneha, Makshika, Lavana
Correct Answer:- Option-A
Question90:-Type of vasti which can be administered after taking food is
A:-Anuvasana
B:-Matravasti
C:-Vaitharana vasthi
D:-All of the above
Correct Answer:- Option-D
Question91:-Sleep during day time is indicated in ritu. A:-Greeshma
B:-Sarat
C:-Varsha
D:-All of the above
Correct Answer:- Option-A
Question92:-Netranga gourava Is seen in
A:-Majjavridhi
B:-Asthivridhi
C:-Asthikshaya
D:-Majjakshaya
Correct Answer:- Option-A
Question93:-First kriyakrama prescribed in eye diseases is
A:-Aschyotana
B:-Seka
C:-Pindi
D:-Bidalaka
Correct Answer:- Option-A
Question94:-Souveeranjana is prescribed
A:-daily
B:-once a week
C:-twice a week
D:-thrice a week
Correct Answer:- Option-A
Question95:-Best dravya indicated for vamana as per Vaghbhata
A:-Kutaja
B:-Ikshwaku
C:-Tilwaka D:-Madana
Correct Answer:- Option-D
Question96:-Total number of marmas mentioned by Vaghbhata is
A:-105
B:-100
C:-107
D:-101
Correct Answer:- Option-C
Question97:-Best murdha taila mentioned by Vaghbhata is
A:-Abhyanga
B:-Pichu
C:-Seka
D:-Sirovasthi

Correct Answer:- Option-D

Question98:-The hormone antagonist to calcitonin

A:-Aldosterone

B:-Epinehrine

C:-Parathormone

D:-Glucagon

Correct Answer:- Option-C

Question99:-Agnimandya is specifically mentioned as the main cause of

A:-Udara

B:-Pandu

C:-Jwara

D:-Rajayakshma

Correct Answer:- Option-A

Question100:-Trayo upastambas are

A:-Ahara, nidra, brahmacharya

B:-Ahara, Vyayama, Abrahmacharya

C:-Ahara, bhaishajya, brahmacharya

D:-None of the above

Correct Answer:- Option-A