

Tamil Nadu Public Service Commission
Syllabus
Anthropology, Sociology, Economics, Home Science and Social Work
(Degree Standard)

Code: 587

Unit I: Anthropology - Fundamentals, Scope and Research (20 Questions)

Anthropology – Origin, Meaning and Definitions; Uniqueness, Scope and Utility; Subfields / Branches – Physical / Biological Anthropology, Archaeological / Prehistoric Anthropology, Social – Cultural Anthropology and Linguistics Anthropology; Applied and Public Anthropology, Relationship of Anthropology with other disciplines; Social Organizations – Typology of Marriage, Family and Kinship and Descent; Religion, Economic and Political Organizations; Anthropological Research – Field Work, Ethnography, Rapport, Survey, Census, Case Study, etc.

Unit II: Applied and Practicing Anthropology (20 Questions)

Position of Human in the Animal kingdom and Human Evolution, Natural Selection, Variation and Adaptation; People of India – Tribe, Rural and Urban Population / Communities; Concept of Society - Characteristics and Types; Concept of Culture and Civilization; Material and Non-material Culture; Cultural diversity and Multiculturalism; Ethnocentrism, Egalitarianism, Enculturation, Acculturation and Culture Shock; Culture of India; Social and Cultural Change; Concept of Wellbeing, Health and Illness – Prevention, Diagnosis, Treatment and Cure; Ethno-medical and Folk Medical System and Pural Medical Systems.

Unit III: Introduction to Sociology and Concepts (20 Questions)

Sociology – Definition: Basic concepts: Society, Community, Culture, Association, Status & Role, Socialization. Sickness, Diseases, Dimensions and indicators of health, Vital statistics, Social epidemiology, Community Health, Community Medicine, Public Health.

Social Institutions: Family, Marriage, Education, Religion, Caste, Class, Politics, Hospitals, Health care institutions.

Rural community: Characteristics, Agrarian class structure, Panchayatraj system, National Health programmes, National Health Policy.

Urban Society: Characteristics of Urbanisation and its impact – Rural-Urban Migration.

Unit IV: Social Process, Social stratification and Social Control (20 Questions)

Associative and Dissociative social processes

Social stratification – class, caste, estate & gender – Disability, Exclusion, Marginalization and their relationship with health

Social control – Meaning purposes and agencies – Types formal & informal social control – norms, values, mores, folkways, customs, traditions

Social process and health, Social stratifications' impact on Health, Formal & informal social control on Health.

Unit V: Environmental Economics and Social Economics (20 Questions)

Introduction to Environmental Economics and Social Economics – Definition of Environmental Economics – Key Environmental Issues – Climatic change, Pollution,

Biodiversity loss, Resource depletion – The role of economics in addressing environmental problems – Market failure and the Environment Externalities – Social Cost and Benefits – The Environmental Kuznets Curve (EKC) – Environmental Justice - Social Values and Economic Behaviour – The role of ethics and morality in Economics – Economic decisions and Societal impact – Culture, Religion and Community in Economic Systems.

Unit VI: Health Economics and Welfare Economics (20 Questions)

Introduction to Health Economics and Welfare Economics. Definition & Scope – Health as an economic good – Human capital and Health – Demand for Health care – Grossman Model – Moral hazard – Supply side and Insurance markets – Physician behaviour – Hospital market – Insurance design – Government Role and International Comparisons – Public vs Private Financing – Universal Coverage models – Cost effectiveness and Health outcomes - Definition and objectives of Welfare Economics – Concept of efficiency and equity – utility and social welfare and value judgements – Economic Evaluations in Public health – Cost effectiveness analysis (CEA) – Cost benefit analysis (CBA)

Unit VII: Food, Nutrition, Diet and Health (20 Questions)

Definition – Food and nutrition, food pyramid and classification of foods, guidelines for food selection and methods of cooking. Balanced diet and principles of meal planning for various age groups, Principles and classification of therapeutic diets – special feeding methods, symptoms and clinical features. Diet counselling and Modification of diet for various disorders – gastro intestinal and renal diseases, obesity, diabetic and cardio vascular disorders. Awareness on communicable and non-communicable diseases. Introduction to public nutrition, nutritional problem affecting the community.

Assessment of nutritional status – Anthropometric measurements, growth chart, identification common nutrition disorders, dietary assessment and planning nutrition education – Observance of important days concerning health.

Unit VIII: Family Resource management and Human Development (20 Questions)

Family Resources: Classification, characteristics, factors affecting the use of resources, planning work space at home and work simplification. Household waste management, importance of waste management, recycling and upcycling of waste. Environmental awareness – key factors determining better environment, sources of pollution and preventive measures. Awareness on ecofriendly and non-ecofriendly products, waste disposal methods, and advancement in waste utilisation.

Human Development: Definition, Scope and Stages of Human Development, Factors affecting Human Development – Heredity and environment; Nutrition and Health Status; Education and Socioeconomic conditions; cultural practices and social norms; Field setting; Observing and Interacting with different age groups; Culturally appropriate communication; Identification of developmental concerns in various settings. Sex education – guidance and counselling – role of family, social and community education – Information Education Communication (IEC) on Health - Factors affecting human development.

Unit IX: Professional Social Work (20 Questions)

Social Work as a Profession: Definition and Meaning, Characteristics, Philosophy, Principles and Fields; Social Work Related Concepts: Social Service, Social Welfare, Social Development, Social Inclusion and Social Exclusion; Human Rights and Social Justice; History of Social Work in United Kingdom (UK), United States of America (USA) and India; Periyarism, Ambedkarism and Gandhian Thought; Social Reform Movements, Social Problems in India, India as a Welfare state and Constitutional Safeguards.

Methods of Social work: Definition and Meaning, Objectives, Principles, Process Recording: Social Case Work, Social Group Work, Community Organization, Social Action, Social Research and Social Welfare Administration; Stages and Challenges: Human Development and Family Development; Psycho Social and Behavioural Models of Social Case Work, Social Group Work Models, Models (Rothman) and Approaches (Murray Ross) of Community Organization; Social Welfare Administration and Development Communication for Social Change, Types & Framework, World Health Organization (WHO) Model of development communication; Information Communication and Education: Printed, Electronic and Social Media tools for Behavioural and Social Change.

Unit X: Research Methodology in Social Science (20 Questions)

Research – Definitions, Objectives, Significance, and Scope of Research – Social Research – Types of Research – Quantitative, Qualitative and Mixed methods – Characteristics of good research – Qualities of a researcher – Research Ethics - Research Designs, Sampling methods – Probability and Non-Probability, Tools and Techniques of data collection – Observation, Questionnaire, Interview Schedule, Focus Group Discussion, In-depth Interviews, Case studies, Skills required for Interviewers, Challenges in Field based data collection - Source of Data – Primary source and Secondary source – Type of Data – Quantitative data and Qualitative data – Data Coding, Data Cleaning, Data Entry, Pictorial representation of Data - Tables and Charts – Data analysis and interpretation – Basic statistics – Variables – Independent and Dependent Variables – Measurement – Normal, Ordinal, Interval and Ratio – Report writing – Elements/Components of Report writing.

Date: 30.07.2025